



Yacht Racing Association of Long Island Sound

2006 Mid-Sound One-Design

Schedule of Races & Sailing Instructions



Date	Event/Race Committee	Date	Event/Race Committee
May 27-28	Larchmont's Memorial Day Regatta	Aug. 5	Saturday YRA Racing [RC=AYC]
June 3	Saturday YRA Racing [RC=Etchells]	Aug. 12	Saturday YRA Racing [RC=IODs]
June 10	Saturday YRA Racing [RC=LYC]	Aug. 19	No Racing
June 17	Saturday YRA Racing [RC=AYC]	Aug. 26-27	YRA-LIS One-Design Championship*
June 24-25	No Racing (Shields Districts at SCYC)	Sept. 2	Saturday YRA Racing [RC=LYC]
July 1-2	American's Independence Day Regatta	Sept. 9-10	No Racing (Larchmont NOOD)
July 8	No Racing	Sept. 16	Saturday YRA Racing [RC=Shields]
July 15-16	108th Annual Larchmont Race Week*	Sept. 23	Saturday YRA Racing [RC=HYC]
July 22-23	108th Annual Larchmont Race Week*	Sept. 30	Saturday YRA Racing [RC=S Boats]
July 29	No Racing	Oct. 7-8	Larchmont's Columbus Day Regatta*

* Separate registration and entry fee required.

Special supplements to the Sailing Instructions may be issued for the following events: Larchmont's Memorial Day Regatta, American's Independence Day, Larchmont's Race Week and Columbus Weekend, and the YRA One-Design Championship.

1. RULES

1.1 The series will be governed by the rules as defined in The Racing Rules of Sailing 2005-2008 (RRS) and the YRA One-Design Championship Rules.

1.2 Part 5 Section B of the RRS is changed to provide for arbitration of protests of Part 2 rules.

2. **ENTRIES** - Boat owners may enter the series by filing a YRA membership dues form and paying the appropriate dues. Crews are encouraged to enroll as Associate Members of the YRA.

3. **NOTICES TO COMPETITORS AND CHANGES IN SAILING INSTRUCTIONS** - The location of notices to competitors and changes in the sailing instructions for Special Events will be issued by the sponsoring club. General changes to these sailing instructions will be mailed to registered YRA Mid-Sound racing members at least 1 week before they take effect.

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed at the main flag pole of the club responsible for conducting the races that day and announced on VHF channels 71 and 72. Competitors not in sight of the flag pole may call the race committee on the same channels. If not the race committee for the day, the AYC and LYC Yacht Clubs may repeat the signal.

4.2 Race Signal AP with two horns (one horn when lowered) means "The race is postponed. The warning signal will be made not less than 1 hour after AP is lowered." This modifies Race Signal AP.

4.3 Races may be postponed from ashore after 1200 but no later than 1400.









4.4 Racing for the day may be abandoned from ashore by displaying flags N over A with three sound signals.

5. SCHEDULE OF RACES

5.1 See above. Two races may be held each day of regular YRA racing. The first warning signal is scheduled at 1425.

5.2 The first warning for LYC Race Week is 1225. LYC Columbus Day Regatta and YRA Championship first warning signal will be as stated in their Notice of Race.

6. **CLASS FLAGS** - Class flags will be numeral pennants. Class insignia flags may be substituted for the numeral pennants. Classes are numbered as shown:

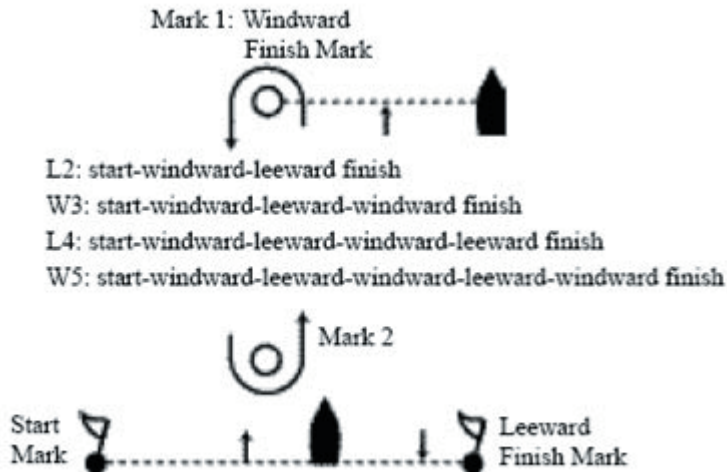
	I J-105s		III IODs		V Sonars		VII Rhodes19
	II Etchells		IV Shields		VI S Boats		VIII All Others

7. **RACING AREA** - The racing area will be approximately midway between the Larchmont and American Yacht Clubs.

8. CHECK-IN AND RETIRING - Prior to the first warning signal for the first race, each boat is requested to sail by the stern of the race committee boat on starboard tack and check-in. Boats retiring must notify the race committee.

9. THE COURSE

9.1 The diagram below shows the course, the order that marks are to be passed, and the side that each mark is to be left. At the start and finish, the committee boat will be a mark of the course and shall be left to starboard.



Sample Signal Board
(labels may not be displayed)

bearing	range	class	course
2	1	I	L4
3	.5	II	
0		III	
		IV	

9.2 The race committee signal board (sample illustrated above) will display:

- The approximate compass bearing and range to Mark 1.
- Class numbers (Roman numerals) in their starting sequence order.
NOTE: Numbers may not be in numerical order or complete.
- If only one boat in a class is racing, that start will be skipped (in accordance with 11.5), and the start of the succeeding classes advanced accordingly.
- The course for each class will be displayed next to its class number.
If the course is the same for the succeeding class or classes, their course will be left blank.

9.3 Mark 2 will be approximately 100 yards to windward of the starting line.

10. MARKS - All marks will be yellow or orange. New marks, as provided in instruction 12, Change of Course after the Start, will be yellow or orange with a black band. Alternatively, if orange (yellow) marks are used for the course, the Race Committee may place a yellow (orange) mark for a change of course mark.

11. THE START

11.1 Races will be started in accordance with rule 26:

Time	Title	Signal
05	Warning	Class flag; 1 sound
04	Preparatory	P, I, Z, Z with I, or black flag; 1 sound
01	One-minute	Preparatory flag removed; one long sound
00	Start Starting	Class flag removed; 1 sound

Succeeding classes will be started as follows:

- at 5-minute intervals by displaying a class's flag at the start of the preceding class (note, classes may not be started in numerical order), or
- at any time afterwards by re-commencing the 5-minute sequence described above. A re-commencement will be preceded by repetitive sounds and an announcement on VHF CH 68 3 minutes prior to the warning signal.

11.2 The starting line will be between a staff displaying an orange or yellow flag on the race committee boat at the starboard end of the line and an orange or yellow flag at the port end.

11.3 Boats whose warning signal has not been made shall keep clear of the starting area and all boats whose warning signal has been made.

11.4 A boat shall not start later than 10 minutes after her starting signal.

11.5 If there is only one boat in a class, that boat will be recorded for its participation but will not be given a start.

12. RECALLS/VHF BROADCASTS

12.1 The Race Committee will monitor VHF CH 68 during racing and will use that channel to announce its intentions. The RC will respond

only to emergency calls.

12.2 The Race Committee will endeavor to hail sail numbers of premature starters, including broadcast on VHF CH 68. Failure of a boat to hear her hail and the order and timing of such hail will not be ground for redress.

13. CHANGE OF COURSE AFTER THE START

13.1 A change of course after the start will be signaled before the leading boat has begun the leg, although the new mark may not then be in position. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration. When in a subsequent change of course a new mark is replaced, it will be replaced with an original mark.

13.2 The new course may be signaled by displaying

- (a) the compass bearing to the new mark or
- (b) a green triangular flag or board for a change to starboard, or a red rectangular flag or board for a change to port.

14. THE FINISH

14.1 The finish line will be between a staff displaying an orange flag on the committee boat and Mark 1 (upwind finish) or, an orange flag (downwind finish). At the finish the committee boat shall be left to starboard.

14.2 The race committee may assign a finish position to any unfinished boats providing the appropriate finish place for those boats can be determined in a reasonable manner.

14.3 A second race will be held when the committee boat displays code flag "R" at the finish of the first race.

14.4 The race committee boat will not display a blue flag or shape to indicate she is in position at the finishing line. This modifies RACE SIGNAL "Blue Flag".

15. TIME LIMIT

Unless otherwise posted or modified by the race committee, the time limit for the first boat to finish in a class will be 2 1/2 hours. Boats not finishing within 30 minutes of the first boat in that class will be scored Time Limit Expired (TLE). This modifies rule 35.

16. PROTESTS

16.1 It is recommended that protests and requests for redress be written on the RRS Protest Form.

16.2 For Special Events, written protests shall be filed within one hour after the Race Committee comes ashore. Protests will be heard by the sponsoring club as soon as practicable.

16.3 For all other race days, written protests shall be faxed to the YRA at (516) 767-9204 no later than the 1st business day following the race. These protests will be heard on the following Thursday at 2000 hours, unless all parties agree otherwise, at a location to be announced.

16.4 A protest involving a rule of Part 2 will first go to arbitration. This modifies Part 5, Section B, of the RRS.

Any protest unresolved by arbitration will be heard by the protest committee immediately following the arbitration hearing.

17. SCORING

The Cox-Sprague scoring system as shown in the One Design Championship Rules section of the YRA Year Book is recommended; however, each fleet may choose any scoring system. A TLE is scored by adding 50% of the difference between the number of finishers and starters (truncated if a fraction) to the number of finishers.

18. PRIZES - YRA of LIS prizes will be awarded to each owner qualifying and placing first (1 or more qualifiers), second (5 or more), third (8 or more), fourth (15 or more) and fifth (20 or more) in season scores. In order to rank as qualifying, the owner must start at least 50% of the races, but not less than 10, designated by each fleet from the

Schedule. This series qualifies a boat to compete for the Cow Bay Perpetual Trophy provided that the boat is in

an ISAF-recognized class. This series qualifies a boat to compete for the Russell J. Nall Memorial Trophy provided that the boat is scored according to the Cox-Sprague Scoring System as adopted by the YRA of LIS.

Prizes will be awarded as above for a series comprising the Memorial Day, Independence Day, YRA One-Design Championship and Columbus Day Regattas. This series will be scored according to the Cox-Sprague Scoring System. To qualify, an owner must start at least 50% of the races.

19. NAVIGATION RULES - All boats are cautioned to observe the Navigation Rules of the Road and to yield right of way to vessels restricted in their ability to maneuver. Racing sailboats are requested to avoid tugs and barges. Competing boats shall not communicate by VHF radio with commercial craft, except in an emergency. Failure to comply with this instruction may result in a rule 2 hearing against the offending boat.

As a condition of the participation of any yacht in any race or related activity sponsored or undertaken by the Yacht Racing Association of Long Island Sound, Inc. (YRA) or its member clubs or organizations, the owner, helmsman, and each crew member agree that the safety of the yacht and her crew and the decision whether or not to start or continue to race is solely their responsibility, and each of them waives all claims which he or she, or any heir, representative, successor or assignee, may have against the YRA, its member clubs and organizations, and their respective officers, directors, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity.

RACE SIGNALS

The meanings of visual and sound signals are stated below. An arrow pointing up or down (↑ ↓) means that a visual signal is displayed or removed. A dot (•) means a sound; five short dashes (-----) mean repetitive sounds; a long dash (—) means a long sound. When a visual signal is displayed over a class flag, the signal applies only to that class.

Postponement Signals



↑ • • ↓ •

AP Races not started are *postponed*. The warning signal will be made 1 minute after removal unless at that time the race is *postponed* again or *abandoned*.



↑ • • •

AP over H Races not started are *postponed*. Further signals ashore.

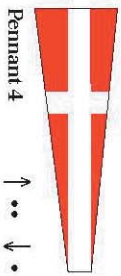


↑ • • •

AP over A Races not started are *postponed*. No more racing today.



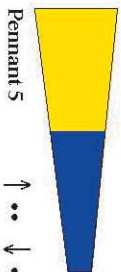
↑ • • ↓ •



↑ • • ↓ •



↑ • • ↓ •



↑ • • ↓ •

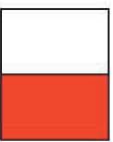
AP over a numeral pennant 1–6 *Postponement* of 1–6 hours from the scheduled starting time.

Abandonment Signals



↑ • • • ↓ •

N All races that have started are *abandoned*. Return to the starting area. The warning signal will be made 1 minute after removal unless at that time the race is *abandoned* again or *postponed*.



↑ • • •

Nowater H All races are *abandoned*. Further signals ashore.



↑ • • •

Nowater A All races are *abandoned*. No more racing today.

Preparatory Signals



↑ • • ↓ — —

P Preparatory signal



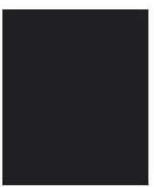
↑ • • ↓ — —

I Rule 30.1 is in effect.



↑ • • ↓ — —

Z Rule 30.2 is in effect.



↑ • • ↓ — —

Black flag. Rule 30.3 is in effect.

Recall Signals



↑ •

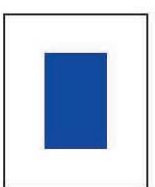
X Individual recall.



↑ • • • ↓ •

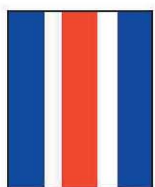
First Substitute General recall. The warning signal will be made 1 minute after removal.

Course Change Signals



↑ • •

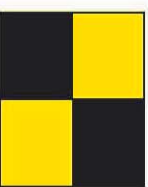
S The course has been shortened. Rule 32.2 is in effect.



— — — — —

C The position of the next mark has been changed.

Other Signals



↑ •

L Ashore: A notice to competitors has been posted.
Aloft: Come within hail or follow this boat.



— — — — —

M The object displaying this signal replaces a missing mark.



↑ •

Y Wear personal buoyancy.



R When displayed at finish signals another Race