



# 2009 USODA Atlantic Coast Championship

October 3-4, 2009

Hosted by Larchmont Yacht Club

## SAILING INSTRUCTIONS

### GREEN FLEET

#### 1 RULES

- 1.1 The regatta will be governed by the *rules* as defined in *The Racing Rules of Sailing*.
- 1.2 The USODA Green Fleet Policy will apply and can be found at [www.usoda.org](http://www.usoda.org)
- 1.3 Each skipper must wear a non-inflatable U.S. Coast Guard approved life jacket at all times while on the water. A whistle shall be attached to the life jacket.
- 1.4 Each boat must carry the safety equipment specified by the USODA.

#### 2 ENTRIES

- 2.1 Eligible boats may enter by completing registration as set forth in the Notice of Race.
- 2.2 Eligibility requirements for boats and competitors are set forth in the Notice of Race.

#### 3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in the Pandemonium.

#### 4 CHANGES IN SAILING INSTRUCTIONS

Any change in the sailing instructions will be posted on the official bulletin board by 0830 on the day it will take effect and announced at the competitors' meeting.

#### 5 SIGNALS MADE ASHORE AND LAUNCHING

- 5.1 Signals made ashore will be displayed from the flagpole on the front lawn of the clubhouse.
- 5.2 Flag "AP" with two sounds (one sound when lowered) means "the race is postponed. The warning signal will be made not less than 60 minutes after flag "AP" is lowered". This changes race signal "AP".
- 5.3 The Green Fleet will launch after all the Championship divisions have launched. The time for Green Fleet launching will be signaled by display of a green flag from the flagpole. Green Fleet sailors are asked to stay away from the launching area until their time is signaled.

#### 6 SCHEDULE OF RACES

<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Activity</u>
Fri.	Oct. 2, 2009	1600 – 2000	Check in and measurement
Sat.	Oct. 3, 2009	0900	Coaches and parents meeting (mandatory)
		0915	Competitors meeting, after which Green Fleet sailors will meet and the remainder of the day's schedule will be announced. (mandatory)
Sun.	Oct. 4, 2009	0830	Coaches and parents meeting (mandatory)
		0915	Competitors meeting, after which Green Fleet sailors will meet and the remainder of the day's schedule will be announced. (mandatory).
		1530	No warning signal after this time.

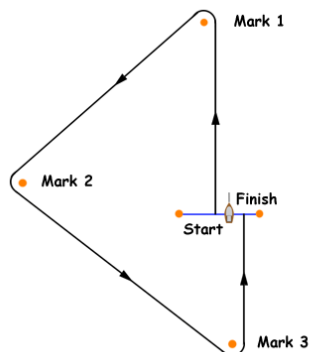
## 7 RACING AREA

The racing area will be in the vicinity of Bell #1 off Larchmont Harbor.

## 8 THE COURSE

8.1 The course will be a triangle

8.2 Course Diagram (schematic and not to scale)



## 9 MARKS

9.1 Marks will be yellow or orange inflatables.

9.2 Marks shall be rounded to port.

## 10 THE START

10.1 Races will be started in accordance with the three-minute Sound Signal Starting System. (Appendix S to the Racing Rules of Sailing)

10.2 The starting line will be between a staff displaying an orange flag on the regatta committee boat and a staff displaying an orange flag at the port end of the line.

## 11 THE FINISH

The finishing line will be between staffs displaying yellow flags on each end of the finish line.

## 12 RECALLS

12.1 The race committee will endeavor to identify recalled boats by sail number.

12.2 A General Recall will be signaled by repeated short blasts of a horn and announced by the race committee by loud hailer. This changes rule 29.2

## 13 ONE TURN PENALTY

A One-Turn Penalty shall replace a Two-Turns Penalty in rule 44.2

## 14 PROTESTS

14.1 A sailor who intends to protest another sailor shall display a red protest flag and hail the word "Protest" at the first reasonable opportunity. After finishing the race, the sailor shall immediately report his or her intention to protest and the sail number of the protested boat to the race committee signal boat. This changes RRS61.1 (a).

14.2 Protest forms are available at the Protest Committee Desk at the top of the main staircase in the clubhouse. Protests and requests for redress shall be delivered there within the appropriate time limit.

14.3 The protest time limit is 45 minutes after the race committee signal boat docks. The race committee shall post the time of docking on the official notice board as soon as practicable.

14.4 A list of protests reported to the Race Committee will be posted on the official notice board not later than 15 minutes after the race committee signal boat docks.

14.5 Hearings will be held in the Library and other Protest Rooms on the second floor of the clubhouse beginning 45 minutes after the race committee signal boat docks or sooner if practicable. The helmsman shall represent the boat. This changes RRS 63.3 (a). Representatives of boats who are parties to a hearing and their witnesses shall remain on call in the vicinity of the Judges' Area at the top of the main staircase in the clubhouse.

**15 TIME LIMIT**

- 15.1 The time limit for the first boat to sail the course and finish shall be 45 minutes in each race.
- 15.2 Boats that do not finish within 20 minutes after the first boat to finish will be scored "TLE." This changes rule 35.

**16 SCORING**

- 16.1 The Low Point Scoring System of Appendix A to the Rules of Sailing will apply.
- 16.2 When from 6 to 10 races have been completed, a boat's score will be the total of her race scores excluding her worst score. When 11 or more races have been completed, a boat's score will be the total of her race scores excluding her 2 worst scores.

**17 PRIZES**

- 17.1 All competitors shall receive participation awards

**18 ADDITIONAL SAFETY REGULATIONS**

- 18.1 All sailors shall check out and check in with a race committee representative at the entrance to the launching dock.
- 18.2 All sailors shall also check-in before the first race on each day by sailing by the race committee signal boat and hailing their sail numbers until acknowledged by the race committee.
- 18.3 A sailor retiring from a race shall notify a race committee boat or safety boate before leaving the course area.
- 18.4 Each boat shall have a secure loop in the end of its bow line.

**19 COACHING; COACH AND SUPPORT BOAT REGULATIONS**

- 19.1 Coaching while racing is permitted of skippers in the bottom half of the fleet in any given race.
- 19.2 Whether or not coaching, a coach or support boat shall not create a wake or otherwise interfere with any competitor.
- 19.3 The Coach and Support Boat Regulations in item 20 of the Sailing Instructions for the Championship Divisions shall apply to all coach and support boats observing the Green Fleet except as permitted by this instruction for coaching and except that there will be no designated "waiting area" or "corridor" on the Green Fleet Course.

**20 DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. A waiver must be signed by all competitors and their parent/guardians."

**21 FURTHER INFORMATION**

For further information please contact the Larchmont Yacht Club, One Woodbine Avenue, Larchmont, NY 10538. Tel: 914-834-2440, Fax: 914-834-7238, Website: [www.larchmontyc.org](http://www.larchmontyc.org)

**Jed Kelly - Regatta Committee Chairman**  
**David V. Smalley & Jed Kelly - Principal Race Officers**  
**Mary M. Savage - Protest Committee Chairman**  
**Merrill Ulmer - Event Chairman**