

2009 USODA Atlantic Coast Championship
October 3-4, 2009
Hosted by Larchmont Yacht Club
SAILING INSTRUCTIONS

1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. "Conditions governing USODA Events" will apply, and can be found at www.usoda.org/.
- 1.3. RRS 61.1(a)(2) is deleted. A boat is therefore required to display a red flag if she intends to protest concerning an incident in the racing area, and shall continue to display it until she has reported her intention to protest.
- 1.4. RRS 61 is changed as follows: A competitor shall inform the finish boat of its intention to protest, including sail number of the protested boat, immediately after finishing.
- 1.5. Appendix P, "Special Procedures for Rule 42", will apply. P2.1, "First Penalty" is changed to read, When a boat is first penalized under instruction P1 her penalty will be: (a) if her penalty is signaled prior to finishing: a two-turns penalty under RRS 44.2. If she fails to take it she will be disqualified without a hearing. (b) if her penalty is signaled after she finishes: ten (10) points added to her score for that race.
- 1.6. RRS 63.7 is replaced with: "If there is a conflict between the sailing instructions and the notice of race, the sailing instructions shall apply."

2. FORMAT OF THE CHAMPIONSHIP

- 2.1. The race committee shall divide the fleet into divisions and each boat will be assigned to a division.
- 2.2. The division of the boats shall be determined by race committee at random. After division assignments are completed the race committee shall provide each boat with a colored streamer corresponding to the color of the division to which she is assigned. Division assignments will be posted on the official notice board.
- 2.3. While on the water, each boat shall at all times display the colored streamer corresponding to her division assignment attached securely to the sprit loop at the top of the sail, and shall not change the size of her streamer.
- 2.4. For the purposes of the sailing instructions, a "race" is a race for one division, and a "set" is a group of scored races for all divisions. For example, if there are three (3) divisions, a "set" would be three (3) scored races in which each division has competed in one race.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in the Pandemonium.

4. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the official notice board before 0830 on the day that it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.

5. SIGNALS MADE ASHORE AND LAUNCHING

- 5.1. Signals made ashore will be displayed from the flagpole on the front lawn of the clubhouse.

- 5.2. When code flag “AP” is displayed, “1 minute” is replaced with “not less than 60 minutes” in Race Signal “AP.”
- 5.3. Launching will be done by division. When one or more division flags are displayed with one sound signal, boats in those divisions may launch and proceed directly to the racing area. Boats whose flag is not flown shall not launch and shall stay away from the launching area.

6. SCHEDULE OF RACES

Day / Date / Time	Activity
Friday, October 2, 2009	
1600-2000	Check in and measurement
Saturday, October 3, 2009	
0900	Coaches and parents meeting (mandatory)
0915	Competitors meeting (mandatory)
1100	First Warning Championship Fleet
Sunday, October 4, 2009	
0830	Coaches and parents meeting (mandatory)
0845	Competitors meeting (mandatory)
1000	First Warning Championship Fleet
1530	No first warning signal for the start of a new "set" after this time

The race committee will run as many sets of races as practical each day.

The Green Fleet sailors’ schedule will be the same through the first competitors meeting at which point a second, separate meeting for Green Fleet sailors will be conducted and the remainder of the schedule for that fleet will be announced.

7. RACING AREA

The racing area will be in Western Long Island Sound south and east of Larchmont Harbor.

8. THE COURSE

SI Addendum 1 illustrates the course, including the approximate angle between legs, the order in which marks are to be passed, and the side on which each mark is to be left. The course length and exact configuration will be based on sailing conditions.

9. MARKS

- 9.1. Marks 1, 2, 3S and 3P will be orange inflatable marks. Mark 4 will be a yellow inflatable mark and shall be left to starboard on the leg between mark 2 and mark 3.

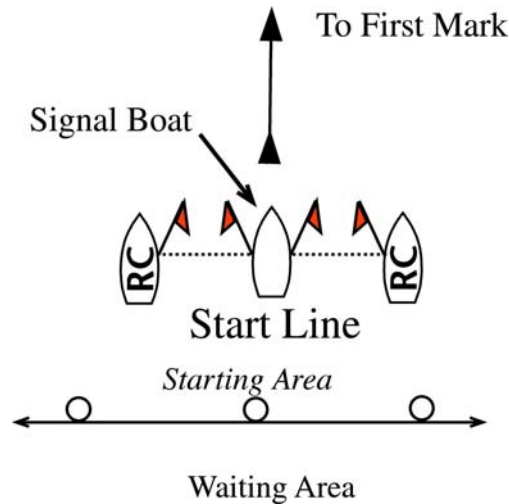
10. RESTRICTED AREAS (see also SI 20 and SI Addendum 1)

- 10.1. The racing area is the space encompassing the course and the starting area. It extends 100 yards beyond any racing boat and all marks. Except as permitted by SI 20, only competing boats and official boats (designated as such by the race committee) may enter the racing area while boats are racing.
- 10.2. The waiting area is the area to leeward of the racing area below the starting line. Its windward edge will be marked by round orange buoys.

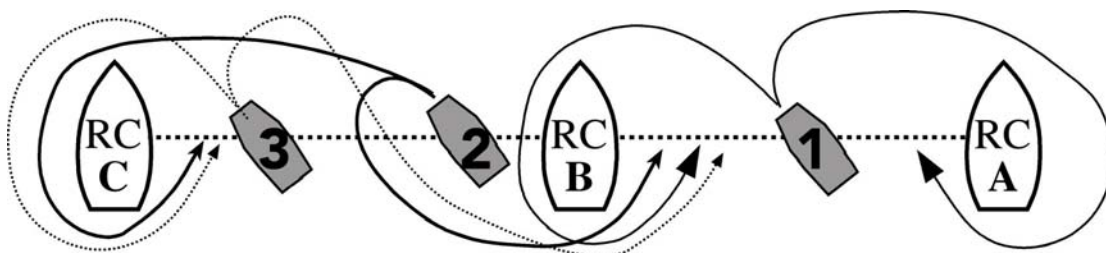
11. THE START

- 11.1. The starting rotation will be by Division as follows: Green, Pink, Yellow

- 11.2. Class flags will be the division flags (streamers).
- 11.3. The starting line will be between staffs with orange flags on the bow of the signal boat (mid-line) and staffs with orange flags on the port and starboard end pin boats.



- 11.4. At least one minute prior to the warning signal of a race, the race committee will hoist its orange starting line flags with a sound signal. All boats not in the next start shall proceed immediately to the waiting area and remain there until the race committee flies code flag "F" (red diamond on a white field) or lowers the orange starting line flags.
- 11.5. Shortly after the first start has been made, the race committee will display code flag "F", indicating that boats in the next start may leave the waiting area.
- 11.6. A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start (DNS). This changes rule A4.
- 11.7. If code flag "I" and/or "Z," or the black flag has been displayed, the Race Committee may attempt to hail the sail number(s) of boats on the course side of the starting line or its extension during the minute before her starting signal. Failure of the Race Committee to hail, failure of the amplification system, the order of the hail, or failure of a boat to hear a hail shall not be grounds for a request for redress. This instruction changes RRS 41 and 62.1.
- 11.8. Any starting penalties from races that are abandoned after the starting signal and not re-sailed on the same day will not carry over to those races if they are re-sailed on another day in the regatta. This changes rules 30.2 and 30.3.
- 11.9. Rules 30.1, the "I" Flag Rules is modified such that boats that are subject to this rule shall sail to the pre-start side of the line around either end of the line (RC boats A or C) or around RC boat B, leaving it to port before starting. (See diagram below)



OCS Opti 1 may clear itself by rounding RC "A" to starboard or RC "B" to port.
 OCS Opti 2 may clear itself by rounding either RC "B" or RC "C" to port
 OCS Opti 3 may clear itself by rounding either RC "C" or RC "B" to port

12. THE FINISH

The finish line will be between a staff displaying a yellow flag on the race committee finish boat and the port end finish mark displaying a yellow flag.

13. RETURN TO THE STARTING AREA

- 13.1. All boats that have finished shall immediately sail beyond the race committee finish boats and promptly return directly to the leeward side of the starting area via the corridor shown in SI Addendum 1.
- 13.2. If the race committee intends to start another race on the same day, it will display the Second Substitute (with no sound) while boats are finishing.

14. ON THE WATER PROTEST COMMITTEE

- 14.1. On-water protest committee boats will fly code flag “J”.
- 14.2. In addition to enforcing RRS 42, the protest committee will be watching to see if boats break a rule of Part 2 (When Boats Meet) or RRS 31 (Touching a Mark). When the protest committee sees a boat break such a rule, it may make one sound signal but will not display any flag nor hail any sail number. If no boat takes a penalty under RRS 31.2 or 44.1, the protest committee may protest one or more boats.

15. TIME LIMITS

- 15.1. The time limit for the first boat in a race to sail the course and finish is 90 minutes.
- 15.2. Boats failing to finish within twenty (20) minutes after the first boat in a race sails the course and finishes will scored Did Not Finish (DNF) without a hearing. This instruction changes RRS 35, A4, and A5.

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1. Protest forms are available at the Protest Committee Desk at the top of the main staircase in the clubhouse. Protests, and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2. The protest time limit is 45 minutes after the race committee signal boat docks. The race committee shall post the time of docking on the official notice board as soon as practical.
- 16.3. The protest notices required by RRS 63.2, and the notification of protests by the race committee or the protest committee required by RRS 61.1(b), will be posted on the official notice board as soon as possible after a protest has been delivered, but not later than 30 minutes after the protest time limit.
- 16.4. Hearings will be held in the Library and other Protest Rooms on the second floor of the clubhouse. The helmsman shall represent the boat. This changes RRS 63.3(a). Representatives of boats who are parties to a hearing and their witnesses shall remain on call in the vicinity of the Judges’ Area at the top of the main staircase in the clubhouse.
- 16.5. A list of boats penalized for breaking RRS 42 will be posted as soon as practical after racing.
- 16.6. If the race committee posts a list of boats scored OCS, ZFP or BFD on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than one hour after the protest time limit. This changes the first sentence of rule 62.2.
- 16.7. Requests for redress relating to possible scoring errors will initially be reviewed by the race committee before being scheduled for hearing by the protest committee. This instruction changes RRS 63.1.
- 16.8. Requests for redress relating to an OCS or starting penalty shall state the procedural error the competitor believes the race committee may have made. Further, the competitor will be expected to establish that he or she started properly. This changes rule 62.2.
- 16.9. A breach of SI 5.3, 11.4, 13, 16.12, 18, 20 and 21 will not be grounds for a protest by a boat. This changes RRS 60.1(a).

- 16.10. The penalty for the first time a boat breaks any of SI 5.3, 11.4, 13, 16.12, 18, 20 and 21 shall be a ten (10) point scoring penalty. The penalty for subsequent occurrences will be at the discretion of the protest committee and may be less than or greater than DSQ. RRS 63.1 is changed such that penalties for breaking SI 18.1 will be assigned without a hearing.
- 16.11. On the last day of the regatta a request to reopen a hearing shall be delivered (a) within the protest time limit if the party requesting reopening was informed of the decision before that day, or (b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes RRS 62.2 and 66.
- 16.12. A boat that has taken a penalty under RRS 31.2 or 44.1 shall complete and sign the acknowledgment log at the protest committee desk near the Judges' Area at the top of the main staircase in the clubhouse.

17. SCORING

- 17.1. The Low Point Scoring System of RRS Appendix A will apply.
- 17.2. A Set is completed when all divisions have completed a scored race. One completed Set shall constitute the regatta.
- 17.3. A boat's scores from races in an incomplete set(s) shall not be counted. This changes RRS A2.
- 17.4. When fewer than six (6) sets have been completed, a boat's series score will be the total of all of her race scores. When from six (6) to ten (10) sets have been completed, a boat's series score will be the total of her race scores excluding her worst score. When eleven (11) or more sets have been completed, a boat's series score will be the total of her race scores excluding her two (2) worst scores.
- 17.5. RRS 30.2, 44.3(c), and A4.2 are changed so that the scores in the championship fleet are based on the number of boats registered for the event in the championship fleet divided by the number of divisions up to the nearest whole number.

18. SAFETY REGULATIONS

- 18.1. All sailors shall check-out and check-in with the race committee representative at the safety board set up in the Pandemonium.
- 18.2. A competitor retiring from a race shall notify a race committee boat or safety boat before leaving the course, or notify the race committee immediately upon returning to shore.
- 18.3. In addition to the requirements of rule 40 and it's US Prescription, a condition of entry and participation in this regatta is the wearing of a US Coast Guard approved PFD properly secured at all times while on the water, except for brief periods while removing or adding clothing. Wet suits, dry suits and inflatable PFD's do not constitute adequate personal buoyancy. Failure to wear one will result in a penalty up to and including disqualification at the discretion of the protest committee.
- 18.4. Each competitor shall have a whistle attached to their PFD at all times while on the water.
- 18.5. Each boat shall have a secure loop in the end of its bow line.

19. EQUIPMENT AND MEASUREMENT

- 19.1. Boats are allowed only one hull, dagger-board, rudder (including tiller and extension), mast, boom, sprit, and sail during the regatta. Substitution of damaged equipment must be approved by the race committee as soon as practical.
- 19.2. Measurement may be made of boats at anytime during the regatta by the measurement boat or at the direction of the race committee. See also SI 13.

20. COACH AND SUPPORT BOAT REGULATIONS (see also SI 10 and SI Addendum 1)

20.1. General coach and support boat requirements

- a. Coach boats shall fly a blue flag with a number provided by the race committee at all times while on the water. Coach boats shall carry a working VHF radio and monitor the race committee channel when possible, particularly in windy or threatening weather.
- b. Support boats shall fly a green flag with a number provided by the race committee at all times while on the water.
- c. Coach and support boats shall not display distinctive markings or signaling apparatus, or any flags other than their ensign and the flags provided under (a) or (b) above while any boats are racing.
- d. Coach and support boats shall follow the instructions of race committee, safety, protest committee, and race management boats.
- e. No coach or support boat shall tie up to or congregate around any aid to navigation, such as buoys or channel markers.

20.2. Restrictions

- a. All coach and support boats shall stay clear of the racing area at all times while boats are racing, except where permitted in this instruction.
- b. All coach and support boats shall further stay more than 100 yards away from any racing boat and move slowly and with minimal wake.
- c. When the race committee hoists its orange starting line flags, all coach and support boats in the starting area shall proceed immediately to the waiting area and shall remain there until race committee lowers the orange starting line flags with a sound signal, except that, after the first start of a set of races or the first fleet start, coach and support boats may exit the waiting and proceed WITH NO WAKE to the weather mark up either side of the racing area.
- d. Coach boats (not support boats) may enter the corridor as boats are finishing and briefly talk to sailors provided they stay well clear of any racing sailing boat.

20.3. Penalties

- a. Competitors shall not be affiliated with any coach or support boat that breaks SI 20.
- b. Coaches or support boats that break SI 20 may be subject to disciplinary actions up to and including exclusion from the venue.

21. ENVIRONMENT

Discharge of trash into the water by competitors, support boats, race committee or protest committee is prohibited.

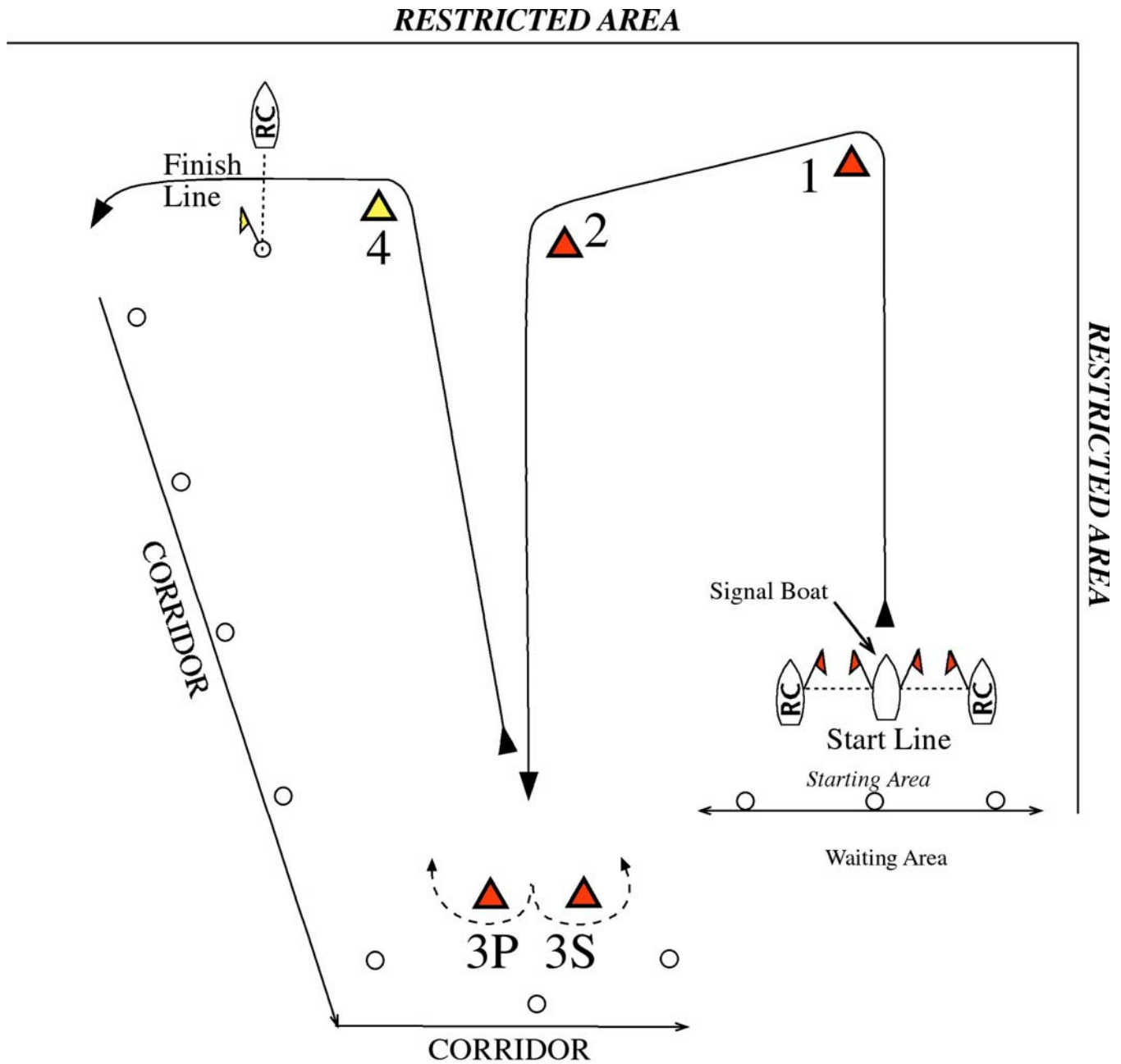
22. PRIZES

Prizes will be awarded according to the notice of race. Subsequent prizes may be awarded at the discretion of the organizing authority.

23. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. A waiver must be signed by all competitors and their parent/guardian.

SI ADDENDUM 1 - Race Course and Restricted Areas (see also SI 10, 11, 12, and 20)



1. No boats allowed in the restricted area (to windward of the race course).
2. Coach boats, support boats and spectator boats may anchor in the corridor or to leeward of the waiting area.