



YRA of LIS COMMODORES CUP



Hosted by
LARCHMONT YACHT CLUB
Organizing Authority
YACHT RACING ASSOCIATION OF LONG ISLAND SOUND

SAILING INSTRUCTIONS

Sunday, July 2, 2006

1 RULES

- 1.1 This regatta will be governed by the *rules* as defined in *The Racing Rules of Sailing 2005-2008* (RRS).
- 1.2 Part 5 Section B is changed to provide for arbitration of protests of Part 2 rules.
- 1.3 Each boat shall carry a radio capable of transmitting and receiving on VHF channel 78.

2 ENTRIES

- 2.1 Eligible boats may enter by completing registration and payment of entry fee as prescribed in the Notice of Race for the regatta.
- 2.2 Eligibility requirements for boats and competitors are set forth in the Notice of Race.

3 NOTICES AND CHANGES IN SAILING INSTRUCTIONS

- 3.1 Notices to competitors will be posted on the official notice board located on the front porch of the main clubhouse.
- 3.2 Any changes in the sailing instructions will be posted not later than 0900 on the day of the regatta. Copies will be available at the front desk of the Club and from the committee boat.
- 3.3 The Race Committee will communicate any notices or changes to these Sailing Instructions to contestants via VHF Channel 78 at approximately 1030.

4 SIGNALS MADE ASHORE

Signals made ashore will be displayed from the flagpole located on the front lawn. If a postponement is signaled ashore, the first warning signal will be made not less than 60 minutes after the "AP" is lowered.

5 SCHEDULE OF EVENTS

- 5.1 Sunday, July 2
 - 1055 First Warning
 - 1400 No Warning Signal after this timeAwards Ceremony and Cocktail Reception shortly after the completion of racing.
- 5.2 The regatta committee intends to run a maximum of 2 races. The number of races conducted is at the sole discretion of the regatta committee. If a subsequent race will be run, the race committee will signal its intention by flying code flag "R" at the finish of the previous race. One race will constitute a series.

6 RACING AREA

The starting area will be in the waters off the breakwater of Larchmont Harbor.

7 COURSES AND MARKS

- 7.1 Course will be windward-leeward using either configuration “L” or “W” as follows
- L2 Consisting of a weather mark– windward, finishing to leeward leaving the race committee boat to starboard.
 - W3 Consisting of two (2) marks – windward, leeward, finishing to windward leaving the race committee boat to port.
 - L4 Consisting of two (2) marks – windward, leeward, windward finishing to leeward leaving the race committee boat to starboard.
 - W5 Consisting of two (2) marks – windward, leeward, windward, leeward, finishing to windward leaving the race committee boat to port.

- 7.2 Courses will be announced before each race from the committee boat. Or posted

Sample course board (labels will not be displayed)

Forward →		Aft	
Bearing	Range	Division	Course
1	2.	I	L4
7	4	II	“
4			
E			

- 7.3 Course lengths are at the discretion of the committee.
- 7.4 All marks shall be rounded to port.
- 7.5 Marks will be yellow inflatables. If a government mark is used in place of an inflatable for the windward mark the committee boat will signal the course followed by a letter according to Appendix A to these Sailing Instructions.

8 THE START

- 8.1 The warning signal for Div I is scheduled for 1055.
- 8.2 The starting line will be between a yellow flag on the committee boat and a staff displaying a yellow flag on the port end.

9 RECALLS

- 9.1 The race committee will endeavor to identify recalled boats by sail number on VHF channel 78.
- 9.2 Failure of a boat to hear her recall notification and the order and timing of such hail shall not be grounds for redress.

10 THE FINISH

- 10.1 The finish will be between an orange flag on the committee boat and a staff displaying an orange flag on a nearby buoy.

11 TIME LIMIT

- 11.1 The time limit for the first boat to finish shall be 3 hours. Boats failing to finish within 1 hour of the first boat will be scored “Time Limit Expired” (TLE). This changes rule 35.

12 WITHDRAWAL

- 12.1 A boat that withdraws from the race or that does not intend to start a scheduled race shall notify the race committee at the first opportunity.

13 PROTESTS

- 13.1 A boat intending to protest is requested to notify the race committee promptly after finishing that race.
- 13.2 (a) Protest forms are available at the front desk.
(b) Written protests shall be delivered to the protest committee desk located at the head of the main staircase of the clubhouse no later than 1 hour after the race committee comes ashore.

- (c) The expiration time for filing written protests will be posted on the official notice board.
- (d) A list of protests in the approximate order in which they will be heard will be posted on the official notice board.
- (e) Hearings will begin as soon as practicable after written protests are filed. Witnesses must be available when called. If they do not appear when called, they may not be heard.

14 ARBITRATION

- 14.1 For protests involving an alleged breach of a rule in Part 2 – When Boats Meet, a short arbitration hearing will be held prior to a protest hearing. This changes Part 5 Section B of the *RRS*.
- 14.2 After a written protest is filed, one representative from each boat will meet with the arbitrator. No witnesses will be allowed.
- 14.3 A boat that accepts fault at the arbitration hearing shall receive a penalty of 40% of the number of entries (rounded upward 0.5) added to her finish position, except that she shall not be scored worse than DNF.
- 14.4 The arbitrator is neither the race nor protest committee; therefore, decisions made during arbitration cannot be grounds for redress and cannot be appealed.
- 14.5 The arbitrator will not be a member of the jury that hears the protest but may be permitted to observe testimony presented and offer testimony. This changes rule 63.3(a).

15 SCORING

- 15.1 A boat's series score will be the total of her scores without exclusion.
- 15.2 One race constitutes a series. A maximum of 2 races is scheduled.

16 PRIZES

- 16.1 Prizes will be awarded for each division, as follows: a first place prize will be awarded if two or more boats started in a division; second place if four or more boats started in a division; and third place if six or more boats started in a division.
- 16.2 The YRA of LIS Commodores Cup will be awarded to the winning club who shall host the event the following year.

17 GUEST MOORINGS AND PRIVILEGES

- 17.1 Guest moorings will be available on a first come basis at no charge. Please contact the Waterfront Director Capt. Patrick Carr at the Larchmont Yacht Club for reservations.
- 17.2 The privileges of the Club will be extended to owners and crews of competing boats.

18 CONDUCT AND RESPONSIBILITY

- 18.1 The skipper/owner shall be responsible for all actions of his or her crew or guests. In the event of a breach of conduct, sportsmanship, destruction of property, or failure to comply with the request of any race officer, committee member or agent of the Larchmont Yacht Club, the skipper/owner will be held responsible and his/her boat shall be subject to protest and disqualification.
- 18.2 The Larchmont Yacht Club is not responsible and will not accept any liability for bodily injury, death or property damage suffered from any cause. Each participant, including skipper and crew, participates in the regatta entirely at his/her own risk and waives any and all claims, including those arising from negligence or lack of due care, which he/she may have against the Larchmont Yacht Club, its regatta committee, and its officers, trustees, committee members, members, agents, or employees. Responsibility for evaluating the wind, sea and weather conditions rests with each participant as does responsibility for the safe condition of the boat, including safety equipment and rigging and for deciding when to wear life jackets. Patrol boats or other assistance will not likely be available. Assistance, if any, from the regatta committee or other Larchmont Yacht Club vessels, or other patrol boats, from any personnel manning them, is entirely at the risk of the participant.

18 FURTHER INFORMATION

For further information please contact the Larchmont Yacht Club, 1 Woodbine Ave., Larchmont, NY 10538.
Telephone 914-834-2440. Fax 914-468-7751
Website: www.larchmontyc.org.

Email: racecommittee@larchmontyc.org

Cynthia A. Parthemos – Regatta Committee Chairman
Cynthia A. Parthemos – Event Principal Race Officer

Appendix A

Code	Approximate Location	Description	LAT (degrees, decimal min.)	LON (degrees, decimal min.)
H-hotel	Hen & Chickens	G "1" Fl G 4s BELL	40° 54.8'	73° 44.1'
G-golf	South of Hen & Chickens	R "2" Fl R 4s	40° 54.2'	73° 44.3'
F-foxtrot	North of Execution Rock	G C "1"	40° 53.5'	73° 44.2'
E-echo	Prospect Point	G "23" Fl G 4s GONG	40° 52.7'	73° 43.2'
D-delta	East of Prospect Point	R N "2"	40° 52.5'	73° 42.7'
C-charlie	East of Prospect Point	R "N" 4	40° 52.2'	73° 42.0'
Y-yankee	Off Weeks Point (Long Island)	G C "1"	40° 52.7'	73° 39.5'
X-xray	Matinecock Point	G "21" Fl G 4s GONG	40° 54.6'	73° 38.2'
Z-zulu	Mott Point	R "6" Bell	40° 51.6'	73° 40.4'
M-mike	Off Manursing Island	R "36" Bell	40° 58.1'	73° 38.8'
T-tango	Off Peningo Neck	R N "40A"	40° 56.1'	73° 41.3'
J-juliett	Off Mamaroneck Harbor	R "42" Fl R 2.5s BELL	40° 55.5'	73° 42.2'
I-india	East of Larchmont Breakwater	G C "1"	40° 55.3'	73° 43.2'