



Larchmont Yacht Club

ONE HUNDRED ELEVENTH RACE WEEK DAY RACE SERIES FOR CRUISING BOATS

Saturday, July 11, Sunday, July 12, Saturday, July 18, Sunday, July 19, 2009

SAILING INSTRUCTIONS

1 RULES

- 1.1 This regatta will be governed by the *rules* as defined in *The Racing Rules of Sailing 2009-2012*.
- 1.2 Boats shall observe the Minimum Equipment Recommendations of the YRA of LIS, Race Category C.
- 1.3 Each boat shall carry a VHF radio capable of sending and receiving VHF channel 73.
- 1.4 Part 5 Section B is changed to provide for arbitration of protests of Part 2 rules.

2 NOTICES TO COMPETITORS AND RADIO COMMUNICATION

- 2.1 Notices to competitors will be posted on the official notice board located on the front porch of the main clubhouse.
- 2.2 VHF Channel 73 will be used for communication.

3 CHANGES TO THE SAILING INSTRUCTION

Any changes to the Sailing Instructions will be posted no later than 0830 on the day they take effect except that any changes to the racing schedule will be posted by 2000 on the day before they take effect. Copies will be posted on the official notice board and available at the front desk of the Larchmont Yacht Club.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the main flagpole of the Larchmont Yacht Club
- 4.2 Flag AP over Flag E with 2 sound signals (1 when lowered) means "The race is postponed for the Cruising Boats. The first warning signal will be made not less than 60 minutes after the flag AP over E is lowered. This changes race signal flag AP.

5 SCHEDULE OF EVENTS

- 5.1 Racing is scheduled for Sat. July 11, Sun. July 12, Sat. July 18 and Sun. July 19. The first warning is scheduled for 1055 on all days.
- 5.2 The regatta committee intends to run multiple races. The number of races conducted is at the sole discretion of the regatta committee. If a subsequent race will be run, the race committee will signal its intention by flying code flag "R" at the finish of the previous race.
- 5.3 After finishing the race, competitors shall stand clear of the finish line until all boats have finished that race.
- 5.4 One minute before the warning signal of the subsequent race, flag R will be lowered with one sound signal.
- 5.5 The race committee will display the numeral pennants of the divisions to have another race. The absence of division numerical pennants indicates that all divisions will have another race. The race committee will endeavor to broadcast its intentions over VHF channel 73.

6 DIVISION FLAGS AND CHECK IN

- 6.1 Each boat shall display the numeral pennant for its division approximately 6-8 feet up on the backstay or, if the boat has no backstay, the starboard shrouds. Scratch Sheets listing each boat by its class will be available at the front desk of the club, from the RC boat, or on line at www.larchmontyc.org by 1800, Friday, July 10 and at the Hospitality Desk during the event.
- 6.2 Before the start of the first race each day, each boat is requested to check in by sailing past the committee boat hailing her division and sail number.

7 RACING AND STARTING AREA

- 7.1 The racing area will be in the waters south of Milton Point.
- 7.2 The position of the starting area will be announced on VHF channel 73 during poor visibility.

8 COURSES

- 8.1 Courses will be windward-leeward using either configuration “L” or “W” race

For course:

L2 - Consisting of 2 legs – windward, finish to leeward.

W3 - Consisting of 3 legs – windward, leeward, finish to windward.

L4 - Consisting of 4 legs – windward, leeward, windward, finish to leeward.

W5 - Consisting of 5 legs – windward, leeward, windward, leeward, finish to windward.

L6 - Consisting of 6 legs – windward, leeward, windward, leeward, windward, finish to leeward

D - Day Race around government marks with the option of setting an inflatable windward mark to be rounded to port. **See appendix A**

- 8.2 The L or W course chosen for each division along with the approximate magnetic compass bearing and distance to the windward mark will be displayed on the course board of the committee boat before the warning signal.
- 8.3 If course, bearing or distance is unchanged from the previous division or divisions, there will be a blank space rather than a repetition on the course board.
- 8.4 The leeward mark will be approximately 100 yards to windward of the starting line.
- 8.5 The sample course board below shows bearing, distance and course for six divisions:

PORT VIEW

Bearing	Range	Course	Division
3	1.	L4	I
5	5		II/III
0			IV
		W3	V
			VI

STARBOARD VIEW

Division	Course	Range	Bearing
I	L4	1.	3
II/III		5	5
IV			0
V	W3		
VI			

- 8.6 The windward finish line will be approximately 100 yards to windward of the windward mark.
- 8.7 The leeward finish line will be approximately 100 yards to leeward of the leeward mark.

9 MARKS

- 9.1 Rounding marks for W & L courses will be orange inflatable marks, except as provided under sailing instruction 13.
- 9.2 Marks for W & L courses are to be rounded to port
- 9.3 See Appendix A, for D course marks

11 START

- 10.1 Classes may not be started in numerical sequence.
- 10.2 In the event of a general recall, the starting sequence for the succeeding class will not be stopped. The recalled class will be re-started as described in 12.2. This changes rule 29.2
- 10.3 The starting line will be between an orange flag on the committee boat and a staff displaying an orange flag on the port end.
- 10.4 Boats whose preparatory signal has not been made shall stay well clear of the starting area and of all boats whose preparatory signal has been made.

11 RECALLS

- 11.1 The race committee will endeavor to identify recalled boats by broadcasting their sail numbers over VHF channel 73. Failure of a boat to hear her recall notification or the order of boats recalled shall not be grounds for redress.
- 11.2 If a general recall is made, the division will start after the last division in the starting sequence. If more than one division is recalled they will be restarted in the order recalled.

11.3 General recalls will extend the prescribed sequence of the time intervals and flags. The start of the first recalled division will be five (5) minutes after the last scheduled start and additional recalled divisions will follow at five (5) minute intervals in their proper sequence. This changes rule 29.2 and race signal First Substitute.

12 CHANGING the NEXT LEG of the COURSE

The new mark will be an orange mark with a black band for the first change. When a subsequent change of course is signaled, the banded orange mark will be replaced with the original mark.

13 THE FINISH

The finish line will be between a staff displaying a yellow flag on a committee boat and a yellow flagged buoy.

14 WITHDRAWAL

A boat that retires from a race or does not intend to start a scheduled race shall promptly report this to the race committee boat via hailing or on the designated VHF channel.

15 TIME LIMIT

15.1 The time limit on the W & L courses for the first boat in a division to sail the course and finish a race of 6 miles or less will be 2 ½ hours.

15.2 The time limit on the W & L courses for the first boat in a division to sail the course and finish a race of more than 6 miles will be 3 ½ hours.

15.3 The time limit on the D courses for the first boat in a division to sail the course and finish a race will be 5 hours.

15.4 Boats on the W & L courses failing to finish within 30 minutes of the first boat in that division to sail the course and finish will be scored "Time Limit Expired" (TLE). This changes rule 35.

15.5 Boats on the D courses failing to finish within 1 hour of the first boat in that division to sail the course and finish will be scored "Time Limit Expired" (TLE). This changes rule 35.

16 PROTEST

16.1 A boat intending to protest is requested to notify the race committee promptly after finishing that race.

16.2 (a) Protest forms are available at the front desk.

(b) Written protests shall be delivered to the protest committee desk located at the top of the main staircase of the clubhouse no later than 1 hour after the race committee comes ashore

(c) The expiration time for filing written protests will be posted on the official notice board.

(d) A list of protests in the approximate order in which they will be heard will be posted on the official notice board.

(e) Hearings will begin as soon as practicable after written protests are filed. Witnesses must be available when called. If they do not appear when called, they may not be heard.

17 ARBITRATION

17.1 For protests involving an alleged breach of a rule in Part 2 – When Boats Meet, a short arbitration hearing will be held prior to a protest hearing. This changes Part 5 Section B of the *RRS*.

17.2 After a written protest is filed, one representative from each boat will meet with the arbitrator. No witnesses will be allowed.

17.3 A boat that accepts fault at the arbitration hearing shall receive a penalty of 40% of the number of entries (rounded upward 0.5) added to her finish position, except that she shall not be scored worse than DNF.

17.4 The arbitrator is neither the race nor protest committee; therefore, decisions made during arbitration cannot be grounds for redress and cannot be appealed.

17.5 The arbitrator will not be a member of the jury that hears the protest but may be permitted to observe testimony presented and offer testimony. This changes rule 63.3(a).

18 SCORING

- 18.1 One completed race constitutes a series.
- 18.2 If fewer than five (5) races are completed a boat's series score will be the total of her race scores. If five (5) or more races are completed a boat's series score will be the total of her race scores excluding her worst score subject to rule 90.3(b).
- 18.3 Boats failing to finish a race within the time limit will be scored "Time Limit Expired" (TLE) and will be given two (2) points more than the number of finishers, except that she shall not be scored worse than DNF.

19 PRIZES

- 19.1 Series prizes will be awarded to the first three finishers in each division.
- 19.2 Presentation of awards will take place on the front lawn of the Larchmont Yacht Club on Sunday, July 19 after racing.

20 CONDUCT AND RESPONSIBILITY

- 20.1 The skipper/owner shall be responsible for all actions of his or her crew or guests. In the event of a breach of conduct, sportsmanship, destruction of property, or failure to comply with the request of any race officer, committee member or agent of the Larchmont Yacht Club, the skipper/owner will be held responsible and his/her boat shall be subject to protest and disqualification.
- 20.2 The Larchmont Yacht Club is not responsible and will not accept any liability for bodily injury, death or property damage suffered from any cause. Each participant, including skipper and crew, participates in the regatta entirely at his/her own risk and waives any and all claims, including those arising from negligence or lack of due care, which he/she may have against the Larchmont Yacht Club, its regatta committee, and its officers, trustees, committee members, members, agents, or employees. Responsibility for evaluating the wind, sea and weather conditions rests with each participant as does responsibility for the safe condition of the boat, including safety equipment and rigging and for deciding when to wear life jackets. Patrol boats or other assistance will not likely be available. Assistance, if any, from the regatta committee or other Larchmont Yacht Club vessels, or other patrol boats, from any personnel manning them, is entirely at the risk of the participant.

21 FURTHER INFORMATION

For further information please contact the Race Committee, Larchmont Yacht Club, 1 Woodbine Ave.,
Larchmont, New York 10538 Telephone: 914-468-7716 Fax: 914-468-7751
Website: www.larchmontyc.org Email: racecommittee@larchmontyc.org

Jed Kelly – Regatta Committee Chairman
George Parthemos – Event Principal Race Officer
Mary M. Savage – Protest Committee Chairman



APPENDIX – A

Code	Approximate Location	Description	LAT (degrees, decimal min.)	LON
H-hotel	Hen & Chickens	G "1" Fl G 4s BELL	40° 54.8'	73° 44.1'
G-golf	South of Hen & Chickens	R "2" Fl R 4s	40° 54.2'	73° 44.3'
F-foxtrot	North of Execution Rock	G C "1"	40° 53.5'	73° 44.2'
E-echo	Prospect Point	G "23" Fl G 4s GONG	40° 52.7'	73° 43.2'
D-delta	East of Prospect Point	R N "2"	40° 52.5'	73° 42.7'
C-charlie	East of Prospect Point	R "N" 4	40° 52.2'	73° 42.0'
Y-yankee	Off Weeks Point (Long Island)	G C "1"	40° 52.7'	73° 39.5'
Z-zulu	Mott Point	R "6" Bell	40° 51.6'	73° 40.4'
X-xray	Matinecock Point	G "21" Fl G 4s GONG	40° 54.6'	73° 38.2'
O-oscar	Oak Neck Point	C "19" Green Can	40° 55.5'	73° 34.2'
L- lima	Lloyd Point	G "15" FL G4s GONG	40° 57.7'	73° 29.3'
S-sierra	Mid Sound	R "32A" FL R 2.5s Bell	40° 58.1'	73°32.8'
P- papa	Cows	R "32" FL R 6s Bell	41°00.2'	73°31.4'
M-mike	Off Manursing Island	R "36" Bell	40° 58.1'	73° 38.8'
T-tango	Off Peningo Neck	R N "40A"	40° 56.1'	73° 41.3'
J-juliett	Off Mamaroneck Harbor	R "42" Fl R 2.5s BELL	40° 55.5'	73° 42.2'
I-india	East of Larchmont Breakwater	G C "1"	40° 55.3'	73° 43.2'

In addition to the government marks the race committee may use one yellow inflatable mark, which will be designated mark "A" (Alpha). If the race committee uses mark "A" it will announce its approximate location on the VHF communication channel.

Marks of the course should be rounded to sail a "String-Around-the Marks" course, except in the case where the course legs are essentially reciprocal, in which case the turning marks should be left to port