LARCHMONT YACHT CLUB

One Hundred Eleventh Race Week

And **EIGHTY THIRD ANNUAL JUNIOR REGATTA**

Monday July 13, Tuesday July 14, and Wednesday July 15, 2009

GENERAL CONDITIONS

ENTRIES, MEDICAL INFORMATION, WAIVER AND HOUSING REQUEST

Entries & Housing Requests shall be submitted via the JSA online Regatta Registration no later than 1800 Thursday, July 2nd, 2009. Every entry form must be filled out completely to include all information. An electronic version of the JSA 2009 Waiver Agreement must be submitted online at the JSA website (jsalis.org, under the forms tab). Entries are not considered complete until all information on the Entry and Medical Form are complete

BOAT INSPECTIONS AND HEADCOUNT VERIFICATION

Every boat must be inspected **before** arriving at Larchmont YC utilizing the enclosed forms which are to be signed by each club's Head Instructor or Program Chair and submitted during Instructor Check-In. Separately, each club shall appoint a Designated Safety Instructor (DSI) who will be responsible for sailor headcount verification. In addition, each club's DSI shall be that club's liaison with the LYC Safety Patrol and the Shore Safety Officer. The required pre-inspection forms and DSI form (both enclosed) must be submitted during or prior to Visiting Instructor check-in.

The DSI is required to sign in and out each of his/her sailors and related sail numbers at designated stations on the Club veranda. This procedure is required prior to the Harbor Start and again at the end of racing each day. Boats not signed-out or signed-in in accordance with the procedures set forth in the General Conditions published by Larchmont Yacht Club, including any requirements applicable to boats accessing the race course from other clubs, will receive a penalty of 30% of the number of entrants in her division (rounding 0.5 upward) added to her finish position in each race of the day in question, except that no boat shall be scored worse than DNF in any race. The scores of the other boats shall not be changed. This changes rule 63.1

Participating Clubs wishing to have their sailors and instructors access the race course directly from their home clubs **must make advance arrangements satisfactory to the LYC Junior Sailing Committee prior to Friday July 10, 2009**. Failure to comply with these arrangements will result in a percentage penalty comparable to the one described above.

RACE COURSE SAFETY: All visiting and Larchmont Instructors are expected and required to make safety their number one priority and to assist the Safety Patrol as directed. All instructor boats, including those accessing the course directly from their home clubs (in addition to Safety Patrol Boats), are required to prominently display the numerical pennant distributed at Instructor Check-in at all times. These pennants and staffs must be returned at the conclusion of the regatta.

All instructor boats are required to monitor designated VHF channels for each race course (420s ch. 69, Lasers & Laser Radials ch. 68, and Pixel & BJ ch. 78) as will the safety patrol and race committee. Silence is to be maintained on these channels unless urgent communication with the race committee or safety patrol is necessary. Channel 72 shall be used **only** by the race committee, safety patrol and marine facilities.

Any instructor moving from one course to another shall change VHF frequency accordingly. Visiting club safety patrol boats will be assigned "stations" on a specific course and are required to remain there.

Each club is expected to send a powerboat equipped with a VHF radio capable of sending and receiving channels 68, 69, 72 & 78 and a qualified operator suitable for racecourse safety patrol duty. Safety patrol assignments will be made at the instructors' meeting on Monday, July 13, 2009, at 1030, following the skippers' meeting in the Pandemonium. Subsequent meetings will be held at 0800 on Tuesday and Wednesday by the main flagpole on the front lawn. Instructors must check in daily with the safety patrol coordinator.

LAUNCHING, ANCHORING, TRAILERS AND DRY SAILING: No boats may arrive before 3:30 pm, Sunday, July 12. Larchmont Yacht Club cannot accommodate boats before this time.

All Blue Jays will be wet sailed and **must arrive on Sunday, July 12**, in order to be rigged and moored in the designated area. Pixels should also make every effort to arrive on Sunday July 12. After launching boats, trailers

must be removed promptly from the launching area and cleared from the Hoist Access Road to designated storage areas. Lasers and 420s will be dry sailed. 420s will be stored on their trailers and Lasers will be stored in designated areas.
LYC anchoring instructions must be observed. **No guest moorings will be available. Instructors and participants are responsible for assuring their boats are anchored in designated mooring areas and that adequate ground tackle, with plenty of scope, is used.** Club instructors or other adult representatives should be in attendance for arriving boats on Sunday, July 12, 2009.
Instructors' and participants' boats may not tie up to the Larchmont Yacht Club main dock or gas dock at any time in order to keep these accessible to the Club launches and member boats.

PERSONAL GEAR: The best daytime safekeeping for sailors' personal gear will be aboard their club's powerboat. There will be no secure shore facilities for storing personal gear. All participants should clearly mark personal items and equipment.

DISCIPLINE AND CONDUCT: Instructors are responsible for ensuring the proper conduct of their junior sailors, both ashore and afloat. Each instructor and sailor is responsible for conducting himself/herself in a proper manner as a guest of Larchmont Yacht Club. In accordance with JSA of LIS rules and regulations, participants are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play. In addition to the penalties described in the *rules*, the Larchmont Junior Sailing Committee may exclude a participant from the Larchmont Yacht Club grounds for the balance of the regatta for actions that include the following: Possession, consumption or use of alcoholic beverages or any illegally controlled substances, destruction of property and any other conduct prejudicial to the good name or the welfare of Larchmont Yacht Club or the JSA. In the event the Larchmont Junior Sailing Committee excludes a participant from the grounds under the forgoing, it shall notify the offending participant's parents, program chairperson and yacht club commodore of the action taken and reasons for it. Unseemly conduct by any instructor will result in that instructor being sent home with all his/her participants. More specific rules of behavior may be announced at the skippers' and instructors' meeting.
At least one instructor or adult supervisor from each club must be available Monday and Tuesday evenings at Larchmont Yacht Club if any participants from their club are attending the evening dinner and social events. All participants being housed must be in their host's home one-half hour after that evening's Club scheduled entertainment has ended. Participants and instructors must pay cash for food and beverage ordered at the Clubhouse or beach grill; no interclub charges will be accepted.

ALCOHOLIC BEVERAGES AND ILLEGAL SUBSTANCES: No instructor or participant shall possess, consume or use any alcoholic beverages or illegal substance at any time during this regatta, either on or off the water.
NO SMOKING: Smoking is prohibited in any indoor or tented area of Larchmont Yacht Club.

CRUISING BOAT ACCOMMODATIONS: Clubs accommodating youngsters on cruising boats must supply to the Larchmont Junior Sailing Committee, no later than Monday morning, July 13, a list with the name of the boat, the name of the instructor or other adult in charge and sleeping on board, and the names of the participants staying on board. The following rules must be adhered to in the event that a cruising boat is used to accommodate junior sailors participating in Junior Race Week:
. A senior instructor or adult must be on board at all times when juniors are on board.
. The instructor or adult is responsible for the conduct of his/her group at all times both day and night.
. All juniors staying on cruising boats must be back on board one-half hour after the conclusion of Monday and Tuesday evenings' social events.
. The prohibitions against possession, consumption and use of alcoholic beverages and illegal substances and other unseemly conduct and the risks of penalties and exclusion for infractions, apply equally to all those who have cruising boat accommodations.
Since no guest moorings will be available, please be sure that cruising boats are anchored in clear water, with heavy ground tackle and plenty of scope.

SCHEDULE OF RACES AND EVENTS CALENDAR

THURSDAY, JULY 2, 2009
6:00 p.m. ALL ENTRIES, WAIVERS AND FEES DUE

SUNDAY, JULY 12, 2009
4:00 - 6:00 p.m. REGISTRATION, ARRIVAL AND LAUNCHING OF BOATS AT LARCHMONT YACHT CLUB. INSTRUCTORS AND ACCOMPANYING ADULTS MUST BE PRESENT TO ASSIST LAUNCHING AND MOORING OF BOATS. NOTE: ARRIVING BOATS CANNOT BE ACCOMMODATED BEFORE3:30 PM

MONDAY, JULY 13, 2009
08:00 – 9:45 a.m. PARTICIPANT CHECK IN, ARRIVAL, REGISTRATION, AND LAUNCHING OF BOATS
8:00 a.m. LAUNCH SERVICE STARTS
10:15 a.m. SKIPPERS' AND INSTRUCTORS' MEETINGS - PANDEMONIUM
11:30 a.m. HARBOR START
12:30 p.m. FIRST GUN
5:00 to 6:30 p.m. SAILORS RETURN
6:30 to 7:00 p.m. DINNER - POOL WILL BE OPEN FROM 5:00 TO 7:00 p.m.
7:00 to 7:30 p.m. HOUSING PICK-UP
Midnight LAUNCH SERVICE STOPS

TUESDAY, JULY 14, 2009
8:00 a.m. LAUNCH SERVICE STARTS
8:00 a.m. INSTRUCTORS' MEETING
8:30 a.m. HARBOR START
9:30 a.m. FIRST GUN
5:00 to 5:30 p.m. SAILORS RETURN - HOUSING PICK-UP
6:30 to 8:00 p.m. DINNER
7:30 to 11:00 p.m. DANCE - PANDEMONIUM - GENTLEMEN ARE REQUIRED TO WEAR COLLARED SHIRTS AND TIE. $15.00 AT DOOR FOR NON ENTRANTS
11:30 p.m. ALL SAILORS AND INSTRUCTORS DUE AT HOST HOME
Midnight LAUNCH SERVICE STOPS

WEDNESDAY, JULY 15, 2009
8:00 a.m. LAUNCH SERVICE STARTS
8:00 a.m. INSTRUCTORS MEETING
8:30 a.m. HARBOR START
9:30 a.m. FIRST GUN
AWARDS AND HOT DOGS GALORE AFTER COMPLETION OF RACING.

SOCIAL PROGRAM REMINDER:

The dance on Tuesday evening will be by invitation only. Eligible guests will be registered competitors, participants in the Junior Sailing Program of participating clubs and guests of LYC members only. **All guests** (except for registered regatta participants and instructors) **must be at least 14 years** of age but not older than 18 as of the date of the dance. All non-regatta guests must be on lists authorized and supplied by participating clubs and LYC members before 6pm Friday, July 10, 2009.