



Larchmont Yacht Club

One Hundred Tenth Race Week

SAILING INSTRUCTIONS

OPTIMIST OPEN

THURSDAY JULY 17, 2008

1 RULES

The regatta will be governed by the *rules* as defined in *The Racing Rules of Sailing 2005-2008(RRS)*, and the current rules of the *JSA of LIS*.

- 1.2 Each skipper must wear a non-inflatable U.S. Coast Guard approved life jacket at all times while on the water.
- 1.2.1 Each boat must carry the safety equipment specified by the JSA and the USODA class association.
- 1.2.2 Part 5, section B is changed to provide for arbitration of protests of Part 2 rules.

2 ENTRIES

- 2.1 Eligible boats may enter by completing registration with the Larchmont Yacht Club as set forth in the Notice of Regatta.
- 2.2 Eligibility requirements for boats and competitors are set forth in the notice of regatta.
- 2.3 All competitors must have their boat inspected prior to registration. Any competitor's boat failing to meet the specified safety requirements will not be allowed to register.
- 2.4 Each competitor shall register at the registration desk Thursday, July 17 from 0800 to 0915.

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in the Pandemonium.

4 CHANGES IN SAILING INSTRUCTIONS

Any change in the sailing instructions will be posted on the official bulletin board by 0930 and announced at the skippers' meeting.

5 HARBOR SIGNALS

- 5.1 Signals made ashore will be displayed from the main flagpole of the Yacht Club.
- 5.2 A harbor start will be signaled at 1015.
- 5.3 Flag "AP" with two sounds (one sound when lowered) means "the race is postponed. The warning signal will be made not less than 30 minutes after flag "AP" is lowered". This changes race signal "AP".

6 SCHEDULE OF RACES

- 6.1 The regatta will consist of no more than eight races, with one race constituting a series.
- 6.2 No race will be started after 1600.

7 DIVISION FLAGS

Division streamers will be distributed at registration and must be flown from the top of the mast.

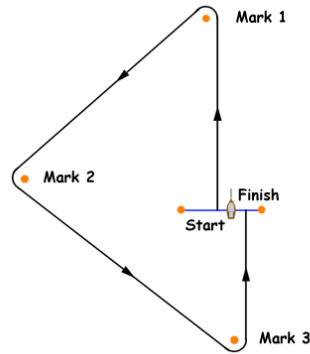
8 RACING AREA

- 8.1 The racing area for the red and blue divisions will be just east of the Larchmont Breakwater.
- 8.2 The racing area for the white division is in the vicinity of Bell #1 off Larchmont Harbor.

9 THE COURSE

- 9.1 The course will be a triangle with three rounding marks: a windward mark, a reaching mark and a leeward mark.

9.2 Course Diagram “T” (schematic and not to scale)



10 MARKS

- 10.1 Marks for the white division will be orange inflatables.
- 10.2 Marks for the red and blue divisions will be yellow inflatables.
- 10.3 Marks shall be rounded to port.

11 THE START

- 11.1 Races will be started in accordance with Appendix Q (three-minute Sound Signal Starting System).
- 11.2 The starting line will be between a staff displaying a yellow or orange flag on the regatta committee boat and the port-end starting mark.

12 THE FINISH

The finishing line will be between a staff displaying a red flag on the regatta committee boat and the starboard-end finishing mark.

13 RECALLS

- 13.1 The race committee will endeavor to identify recalled boats by sail number.
- 13.2 Failure of a boat to hear her recall notification and the order and timing of such hail shall not be grounds for redress.
- 13.3 If Flag “I” is displayed prior to the starting sequence of the race, rule 30.1, Round-an-End Rule will be in effect for that race. This changes Preparatory Signals.

14 ALTERNATIVE PENALTY

A One-Turn Penalty, replacing a Two-Turns Penalty in rule 44.2, will be in effect for all divisions. This changes rule 44.2.

15 PROTESTS AND ARBITRATION

- 15.1 Rule 61.1 (a) is changed as follows:
 - a) A boat that is directly involved in an incident and intends to protest shall promptly hail the word “protest” and, if possible, the identity of the boat or person being protested.
 - b) A competitor’s intent to protest shall be reported to the race committee promptly upon finishing that race by sailing up to the port side of the race committee boat and reporting the sail number of the boat being protested.
- 15.2 Protests will be heard on the Founders Porch beginning 30 minutes after the regatta committee comes ashore, or sooner if practicable using the JSA Arbitration Procedure. A list of protests reported to the race committee will be posted on the official notice board not later than 15 minutes after the regatta committee comes ashore.
- 15.3 Competitors involved in protests shall report to the jury desk on the Founders Porch not later than 30 minutes after the race committee comes ashore. The deadline for reporting to the jury desk will be posted on the official notice board.
- 15.4 A protesting boat does not need to complete a written protest. This changes rule 61.2.
- 15.5 Competitors involved in protests shall not consult with coaches, parents or other support personnel before hearings are held.
- 15.5 The JSA Arbitration Procedure (as described in Appendix C of the 2005 Rules for JSA Events) shall

be used for hearing protests.

16 TIME LIMIT

- 16.1 The time limit for the first boat in each division to sail the course and finish shall be 45 minutes in each race.
- 16.2 Those boats that do not finish within 30 minutes of the first boat to finish in their division will be scored "TLE." This changes rule 35.

17 SCORING

- 17.1 A boat that does not start will receive a score equal to the number of competitors registered in its division. This changes rule A4.2.
- 17.2 Boats scored OCS, DNF and RET will receive one point more than the number of starters in that race. This changes rule A4.2
- 17.4 A boat that is scored "TLE" will receive two points more than the last boat to finish within the time limit in that division but her score will not be worse than DNF.
- 17.5 A maximum of eight races is scheduled of which one completed race will constitute a series.
- 17.6 If five or more races are completed, a boat's worst score will be discarded subject to rule 89.3(b).

18 NO COACHING

During a race, there shall be no coaching of any competitor by a coach, parent, instructor, or other person. Breaking this rule will result in the race committee initiating action under rule 60.2

19 PRIZES

- 19.1 Division prizes will be awarded in all divisions in accordance with the following criteria:
 - A. Two or more boats – First Place prize.
 - B. Five or more boats – First and Second prizes
 - C. Ten or more boats – First, Second and Third prizes
 - D. An additional place prize for every additional ten starters
- 19.2 The William G. LeBoutillier Trophy will be awarded for the best overall performance as judged by the regatta committee.

20 CONDUCT AND RESPONSIBILITY

- 20.1 The skipper/owner shall be responsible for all actions of his or her crew or guests. In the event of a breach of conduct, sportsmanship, destruction of property, or failure to comply with the request of any race officer, committee member or agent of the Larchmont Yacht Club, the skipper/owner will be held responsible and his/her boat shall be subject to protest and disqualification.
- 20.2 The Larchmont Yacht Club is not responsible and will not accept any liability for bodily injury, death or property damage suffered from any cause. Each participant, including skipper and crew, participates in the regatta entirely at his/her own risk and waives any and all claims, including those arising from negligence or lack of due care, which he/she may have against the Larchmont Yacht Club, its regatta committee, and its officers, trustees, committee members, members, agents, or employees. Responsibility for evaluating the wind, sea and weather conditions rests with each participant as does responsibility for the safe condition of the boat, including safety equipment and rigging and for deciding when to wear life jackets. Patrol boats or other assistance will not likely be available. Assistance, if any, from the regatta committee or other Larchmont Yacht Club vessels, or other patrol boats, from any personnel manning them, is entirely at the risk of the participant.

21 FURTHER INFORMATION

- 21.1 For further information please contact the Larchmont Yacht Club, One Woodbine Avenue, Larchmont, NY 10538. Tel: 914-834-2440, Fax: 914-834-7238, Website: www.larchmontyc.org

Jed Kelly - Regatta Committee Chairman
Jan K. Smeets & David V. Smalley - Principal Race Officers
Mary M. Savage - Protest Committee Chairman
Andrew Kaplan and Joan Mollerus - Junior Sailing Committee Co-Chairmen
Steve Leicht, Event Chairman