



## Group ABC Championships

### MIDWAY 2 QUARTER FINAL CHAMPIONSHIP

Larchmont Yacht Club, Larchmont, New York

May 15-16, 2010

### SAILING INSTRUCTIONS

#### Abbreviations:

PC – protest committee	RC – race committee
OA – organising authority	NA – national authority
RRS – racing rules of sailing	SI – sailing instructions
IJ – International Jury	NoR – notice of race

## 1 RULES

1.1 The event will be governed by

- (a) the 'rules' as defined in the RRS, including Appendix C.
- (b) the rules for Handling Boats (SI appendix C), which also apply to any practice sailing and sponsor races. Class rules of the Ideal 18 class will not apply.
- (c) the Conditions of the United States Match Racing Championship found at the following address:  
<http://championships.ussailing.org/Adult/USMRC/Conditions.htm>.
- (d) US SAILING Regulations 10.01(c):

#### C. PROHIBITED SUBSTANCES

1. For adult US SAILING championship events, no competitor shall use, either on or off the water: marijuana or any other controlled substance (as defined in 21 U.S. Code 802) the possession of which is unlawful under 21 U.S. Code 841.
2. For Junior and Youth events or for junior or youth competitors in any US SAILING championship, no participant or competitor shall use, either on or off the water: marijuana or any other controlled substance (as defined in 21 U.S. Code 802) the possession of which is unlawful under 21 U.S. Code 841, or alcoholic beverages (distilled spirits, wine and beer, each as defined in chapter 51 of the U.S. Internal Revenue Code and intended for beverage use).
3. An alleged breach of one of these regulations shall not be grounds for a protest. However, when the protest committee believes that a competitor may have breached one of these regulations, it shall follow the process described in racing rule 69.1, and a competitor found to have breached one of these regulations shall be excluded from the remaining races of the series and, where practicable, removed from the regatta venue and sent home. The competitor's boat shall be disqualified from all races of the series.

#### (e) USE OF PERSONAL FLOTATION

Competitors in US SAILING championships or qualifiers for US SAILING championships shall wear a U.S. Coast Guard (USCG) approved personal flotation device (PFD) while on the water, other than for brief periods while adding or removing clothing. Flag Y will not be flown. All competitors must supply their own PFD. This modifies RRS 40.1 and the preamble to Part 4.

- (f) Add to RRS 41: (e) help to recover from the water and return on board a crew member, provided the return on board is at the approximate location of the recovery.

## 2 ENTRIES and ELIGIBILITY

2.1 Only skippers invited by the OA are eligible for the event. The criteria for invitation is set forth in the NOR. The skippers are listed in SI Appendix A.

- 2.2 To remain eligible, the entire crew shall complete registration, pay any entry fee, deposit \$US 500 for damage and complete crew weighing, all between 0800 and 0900 on Saturday, May 15, 2010, unless extended by the OA.
- 2.3 The damage deposit is the limit of liability of each skipper for each incident. In the event that a deduction is made from the deposit, the skipper will be required to restore the deposit to the original value to maintain eligibility.
- 2.4 Each skipper is responsible for the damage or loss to their boat unless responsibility is otherwise assigned by the umpires or PC.
- 2.5 After the warning signal for a match, the registered skipper shall not leave the helm, except in an emergency.
- 2.6 When a registered skipper is unable to continue in the event, the OA may authorise an original crew member to substitute.
- 2.7 When a registered crew member is unable to continue in the event, the OA may authorise a substitute, a temporary substitute or other adjustment.

### **3 COMMUNICATIONS WITH COMPETITORS**

- 3.1 Notices to competitors will be posted on the official notice board located on the front porch of the clubhouse.
- 3.2 Signals made ashore will be displayed from the main flag pole on the front lawn.
- 3.3 Skippers shall attend the first briefing, which will be at 0900 on May 15, 2010, on the LYC porch by the flag pole, unless excused by the OA.
- 3.4 The first meeting with the umpires will be after the skippers meeting.
- 3.5 A daily morning meeting will start at 0900 on the front lawn.

### **4 AMENDMENTS TO SAILING INSTRUCTIONS**

- 4.1 Amendments to the SI made ashore will be posted at least 30 minutes before the start of any race affected and will be signed by the RC and the OA representatives.
- 4.2 Flag L over the numeral pennant of the most recent amendment will be displayed ashore each day until the boats have departed for the race course.
- 4.3 Amendments made afloat will be signalled by the display of flag 3rd substitute with three sound signals. An umpire may communicate these either verbally or in writing.

### **5 BOATS AND SAILS**

- 5.1 (a) The event will be sailed in Ideal 18 type boats.  
(b) The following sails will be provided for each boat: Mainsail, Jib, Spinnaker.
- 5.2 Other restrictions or instructions may be given to the boats verbally by an umpire. Flag 3rd substitute is not required.
- 5.3 The RC will decide which boats are to be used for each stage and when they decide a boat should not be used, the skipper assigned that boat will be given the temporary use of another boat.
- 5.4 The RC may permit a substitute boat when it is satisfied that the original boat is damaged and that repairs in the time available are not practical.

### **6 IDENTIFICATION and ASSIGNMENT OF BOATS**

- 6.1 Boats will be identified by sail number.
- 6.2 Boats will be allocated by the RC.

### **7 CREW MEMBERS, NUMBER and WEIGHT**

- 7.1 The maximum number of crew, including the skipper, shall be four. All registered crew shall sail all races.
- 7.2 The maximum total weight of the crew, including the skipper, dressed in at least shorts and shirts, shall not exceed 262.5 kg (580 lbs), determined at the time of registration.

### **8 EVENT FORMAT AND STARTING SCHEDULES**

- 8.1 The event format and match pairing lists are detailed in SI Appendix A and B. The matches to be sailed in a flight will be displayed in order of starting on the RC boat.
- 8.2 (a) In a knock-out series between two skippers, they shall alternate assigned ends for each match. The initial assigned ends shall be set forth in the pairing list.  
(b) When a knock-out series between two skippers has been decided, further matches between these two shall not be sailed.  
(c) Crews will exchange boats after odd matches of each series.

- 8.3 The racing days are scheduled as May 15 to 16, 2010.
- 8.4 The latest time for an attention signal on the last day of racing will be determined by the RC.
- 8.5 The number of matches to be sailed each day will be determined by the RC.
- 8.6 (a) The RC may terminate any stage or the event when, in its opinion, it is impractical to attempt to hold the remainder of matches under the existing conditions or in the remaining time scheduled. Early stages may be terminated in favour of later stages.
- (b) Add RRS C10.3(b): ‘When a single round robin is terminated before completion, or a multiple round robin is terminated during the first round robin, the highest score shall be determined as the average points scored per match sailed by each competitor, unless one or more competitor has completed less than one third of the scheduled matches when the entire round robin shall be disregarded and if necessary the event declared void.’
- 8.7 The intended time of the first attention signal each day is 1000.
- 8.8 Each subsequent flight will be started as soon as practicable after the previous flight.
- 8.9 When a match cannot start at its intended time, the signals and starts of the following matches will remain as originally scheduled, leaving a blank start for the pair not starting. No starting sequence flags will be displayed for a blank start.
- 8.10 When, in a knock out series, a winner of a particular series has been determined, subsequent starts shall be brought forward to eliminate blank starts. Competitors will be so advised verbally by an umpire.

## 9 RACING AREA

The racing area will be Long Island Sound off the Larchmont breakwater.

## 10 COURSE

- 10.1 (a) **Course Configuration** (not to scale)

Mark W    o

Mark L    o

o----- o Start/Finish Line

- (b) **Course signals and course to be sailed**

Course signals will be displayed from the RC boat bow, at or before the warning signal. Marks W and L shall be rounded to starboard.

<u>Signal</u>	<u>Course</u>
No Signal	Start - W - L - W - Finish
S	Start - W - Finish

- (c) **Description of Marks**

The RC boat will be *Satan’s Toe*.

The starting/finishing line mark will be a staff displaying an orange flag.

Marks W will be an orange inflatable.

Mark L will be an orange inflatable.

The replacement marks will be a yellow inflatable.

- 10.2 **Starting/Finishing Line**

- (a) The starting/finishing line will be a straight line between the starting/finishing mark and a staff displaying an orange flag on the RC boat.
- (b) A buoy may be attached to the RC boat anchor line just below keel depth. Boats shall not pass between this buoy and the RC boat at any time. This buoy is part of the RC boat ground tackle.

- 10.4 **Abandonment and Shortening**

- (a) RRS 32 is deleted and replaced with: ‘After the starting signal, the RC may abandon or shorten any match for any reason, after consulting with the match umpires when practical.’
- (b) Within a flight, when a visual signal is displayed over a numeral pennant, the signal applies only to that match.

## **11 BREAKDOWN and TIME FOR REPAIRS**

- 11.1 Before the attention signal of a flight or within two minutes of finishing or within five minutes of changing into a new boat, whichever is later, a boat may display flag L to signal breakdown or damage to the boat, her sails or injury to her crew and request a delay to the next start. She shall proceed as soon as possible to a point close to leeward of the RC boat and remain there, unless otherwise directed.
- 11.2 The time allowed for repairs shall be at the discretion of the RC.
- 11.3 After the attention signal of a flight, a match will not be postponed or abandoned due to breakdown unless the breakdown signal was displayed as required by SI 11.1.
- 11.4 Except when RRS 62.1(b) applies, failure to effect repairs in the time allowed, or breakdowns after the attention signal shall not be grounds for redress. This changes RRS 62.

## **12 STARTING PROCEDURE**

- 12.1 Match warning signals will be numeral pennants.
- 12.2 The next flight number will be displayed on the RC boat.
- 12.3 The attention signal will be displayed 7 minutes before the first starting signal in each flight. This changes RRS C3.1.

## **13 CHANGE OF POSITION OF THE WINDWARD MARK**

- 13.1 Changes to the course will be made by setting a replacement mark W.
- 13.2 Subsequent changes will revert to the original mark.
- 13.3 **Change of Course Signals** (amends RRS 33 and Race Signals)
- (a) Flag C and a coloured flag or board means: 'The windward mark has been moved. Sail to a mark the same colour as the flag or board.'
  - (b) When a change of course after starting only affects some matches these shall be designated by the appropriate numeral pennant.
- 13.4 **Signalling vessel**
- (a) When a change of course is made for the first leg, the signal shall be displayed from the RC boat with the preparatory signal for each match affected. The preparatory signal shall be followed by a series of repetitive sound signals.
  - (b) When a change of course is signalled after the first leg it shall be displayed from a boat in the vicinity of mark L.

## **14 TIME LIMIT**

A boat that does not finish within 5 minutes after her opponent has completed the course and finished will be scored DNF. This changes RRS 35 and A5.

## **15 COACH BOATS (US SAILING GRADE 3 EVENT RE COACHING)**

- (a) Coaching at this event will not be permitted.
- (b) The organisers will not provide berths for coach boats.
- (c) Any interference by a coach boat with the racing or event organisation may result in a penalty applied at the discretion of the Protest Committee to the appropriate skipper or team.

## **16 MEDIA, IMAGES and SOUND**

- 16.1 If required by the OA:
- (a) Television personnel and equipment (or dummies) supplied by the OA shall be carried on board while racing.
  - (b) Competitors shall wear microphones supplied by the OA during racing and be available for interviews when advised by the OA or RC.
  - (c) Registered skippers shall wear communications equipment supplied by the OA that will allow commentators to communicate with them whilst racing.
- 16.2 Competitors shall not interfere with the normal working of the OA supplied media equipment.
- 16.3 The OA shall have the right to use any images and sound recorded during the event free of any charge.

## **17 PRIZES**

- (a) Prizes for first, second, and third place will be awarded.
- (b) The two highest finishing skippers not already qualified for the ABC Semi Finals or for the United States Match Racing Championship will be invited to participate in the ABC Semi Finals. Available spots in the ABC Semi Finals may otherwise be filled by the OA in its discretion.
- (c) The two highest placing skippers in the ABC Semi Finals not already qualified for the United States Match Racing Championship will be invited to the United States Match Racing

Championship to be sailed at Bayview Yacht Club in Detroit, Michigan from September 15-19, 2010. To participate in the United States Match Racing Championship, those skippers must accept their invitations and register on line on the US SAILING website in accordance with the instructions in the invitation.

- (d) The OA may withhold a prize in the case of misconduct or refusal to comply with any reasonable request, including attendance at official functions.

**18 CODE of CONDUCT**

- (a) Competitors shall comply with any reasonable request from any official, including attendance at official functions, co-operate with event sponsors and shall not behave so as to bring the event into disrepute.
- (b) Competitors shall handle the boats and equipment with proper care and seamanship and in accordance with SI Appendices C and D.
- (c) The penalty for breaking this SI is at the discretion of the PC and may include exclusion from further participation in the event, the withdrawal of any prize or the withholding of deposits.

**19 DISCLAIMER**

All those taking any part in the event do so at their own risk. The OA, its associates and appointees accept no responsibility for any loss, damage, injury or inconvenience incurred, howsoever caused.

Dated: 25 April 2010

Version: Two

**SI APPENDIX A - LIST OF ELIGIBLE SKIPPERS and PAIRING LISTS/KNOCK OUT TABLE**

1. Geoff Becker
2. Jamie Ebenau
3. Chris Land
4. Zach Leonard

5. Danny Pletsch
6. Jon Singen
7. Ben Sternberg
8. Neilly Williamson

**First Round Robin**

Flight 1

Match	Boats	Blue	Boats	Yellow
1		Chris		Jon
2		Zach		Danny
3		Ben		Jamie
4		Neilly		Geoff

Flight 2

Match	Boats	Blue	Boats	Yellow
1		Chris		Danny
2		Ben		Geoff
3		Neilly		Jamie
4		Zach		Jon

Flight 3

Match	Boats	Blue	Boats	Yellow
1		Jamie		Danny
2		Neilly		Chris
3		Zach		Ben
4		Jon		Geoff

Flight 4

Match	Boats	Blue	Boats	Yellow
1		Zach		Neilly
2		Jamie		Jon
3		Geoff		Danny
4		Chris		Ben

Flight 5

Match	Boats	Blue	Boats	Yellow
1		Geoff		Zach
2		Jon		Ben
3		Jamie		Chris
4		Danny		Neilly

Flight 6

Match	Boats	Blue	Boats	Yellow
1		Jamie		Zach
2		Jon		Neilly
3		Geoff		Chris
4		Danny		Ben

Flight 7

Match	Boats	Blue	Boats	Yellow
1		Chris		Zach
2		Ben		Neilly
3		Danny		Jon
4		Geoff		Jamie

**SCORING ~ RR1**

NAME	RR1	PLACE
Geoff		
Jamie		
Chris		
Zach		
Danny		
Jon		
Ben		
Neilly		

**SI APPENDIX A - LIST OF ELIGIBLE SKIPPERS and PAIRING LISTS/KNOCK OUT TABLE**

- |    |              |    |                   |
|----|--------------|----|-------------------|
| 1. | Geoff Becker | 5. | Danny Pletsch     |
| 2. | Jamie Ebenau | 6. | Jon Singen        |
| 3. | Chris Land   | 7. | Ben Sternberg     |
| 4. | Zach Leonard | 8. | Neilly Williamson |

**Second Round Robin**

Flight 1

Match	Boats	Blue	Boats	Yellow
1		Jon		Chris
2		Danny		Zach
3		Jamie		Ben
4		Geoff		Neilly

Flight 2

Match	Boats	Blue	Boats	Yellow
1		Danny		Chris
2		Geoff		Ben
3		Jamie		Neilly
4		Jon		Zach

Flight 3

Match	Boats	Blue	Boats	Yellow
1		Danny		Jamie
2		Chris		Neilly
3		Ben		Zach
4		Geoff		Jon

Flight 4

Match	Boats	Blue	Boats	Yellow
1		Neilly		Zach
2		Jon		Jamie
3		Danny		Geoff
4		Ben		Chris

Flight 5

Match	Boats	Blue	Boats	Yellow
1		Zach		Geoff
2		Ben		Jon
3		Chris		Jamie
4		Neilly		Danny

Flight 6

Match	Boats	Blue	Boats	Yellow
1		Zach		Jamie
2		Neilly		Jon
3		Chris		Geoff
4		Ben		Danny

Flight 7

Match	Boats	Blue	Boats	Yellow
1		Zach		Chris
2		Neilly		Ben
3		Jon		Danny
4		Jamie		Geoff

**SCORING ~ RR 1&2**

NAME	RR1	RR2	TOTAL	PLACE
Geoff				
Jamie				
Chris				
Zach				
Danny				
Jon				
Ben				
Neilly				

## SI APPENDIX B - EVENT FORMAT and SCHEDULE OF RACES

### EVENT FORMAT

#### 1 First Stage - Round Robin(s)

- (a) All skippers are scheduled to sail a double round robin - each skipper sails each other skipper twice.
- (b) The four highest scoring skippers shall qualify for the next stage. The remaining skippers shall proceed to stage 5.

#### 2 Semi-finals

- (a) The skipper finishing first in the qualifying round robin(s) shall race against the fourth placed skipper. The skipper finishing second shall race the skipper finishing third.
- (b) The first skipper to score at least two points shall proceed to the next stage. The other skippers shall proceed to stage 4.

#### 3 Finals

- (a) Skippers will be paired in accordance with a table to be handed out by the RC.
- (b) The first skipper to score at least two points shall be the winner. The other skipper shall be second.

#### 4 Petit Finals

- (a) Skippers will be paired in accordance with a table to be handed out by the RC.
- (b) The first skipper to score at least two points shall be third. The other skipper shall be fourth.

#### 5 Remaining Places

- (a) The remaining skippers shall sail a round robin to determine the remaining places.
- (b) The skippers will be paired in accordance with a table to be handed out by the RC.

## SI APPENDIX C - HANDLING BOATS

### 1 GENERAL

While all reasonable steps are taken to equalise the boats variations will not be grounds for redress. This changes RRS 62.

### 2 PROHIBITED ITEMS and ACTIONS

Except in an emergency or in order to prevent damage or injury, or when directed by an umpire otherwise, the following are prohibited.

- 2.1 Any additions, omissions or alterations to the equipment supplied.
- 2.2 The use of any equipment for a purpose other than that intended or specifically permitted.
- 2.3 The replacement of any equipment without the sanction of the RC.
- 2.4 Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 2.5 Moving equipment from its normal stowage position except when being used.
- 2.6 Boarding a boat without prior permission.
- 2.7 Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while 'AP' is displayed ashore.
- 2.8 Hauling out a boat or cleaning surfaces below the waterline.
- 2.9 Using a flattener as a reef.
- 2.10 Attaching lines to the fabric of spinnakers.
- 2.11 Perforating sails, even to attach tell tales.
- 2.12 Radio transmission (including mobile telephones), except to report damage or in response to a request from the RC.
- 2.13 Adjusting or altering the tension of standing rigging.
- 2.14 Using a winch to adjust the mainsheet or vang.
- 2.15 Reserved.
- 2.16 Using a reef line as an outhaul.
- 2.17 Cross winching foresail sheets.
- 2.18 Omitting any headsail car or turning block before sheeting onto a winch.
- 2.19 The use of electronic instruments other than compass and watches.
- 2.20 Using the spinnaker pole to wing out the foresail.
- 2.21 Marking directly on the hull or deck with permanent ink.
- 2.22 After the starting signal and while sailing close hauled for more than a few seconds, the main boom position shall be controlled only by using the mainsheet as it exits the block on the cockpit floor, the traveller, and the vang.
- 2.23 The use of the shrouds (including any inner shrouds) above the lower bottle screw (turnbuckle) to facilitate tacking or gybing, or to aid the projection of a crew member outboard is prohibited.
- 2.24 Reserved
- 2.25 Reserved
- 2.26 Reserved
- 2.27 A breach of SI C 2.22, 2.23, 2.24, 2.25 or 2.26 is not open to protest by boats but is subject to action by Umpires in accordance with RRS C8.2. This changes RRS C6.2 and C8.2.

### 3 PERMITTED ITEMS and ACTIONS

The following are permitted.

- 3.1 Taking on board the following equipment:
  - (a) basic hand tools
  - (b) adhesive tape
  - (c) line (elastic or otherwise of 4 mm diameter or less)
  - (d) marking pens
  - (e) tell tale material
  - (f) watch, timers and hand held compass
  - (g) shackles and clevice pins
  - (h) velcro tape
  - (i) bosun's chair
  - (j) spare flags
- 3.2 Using the items in 3.1 to:
  - (a) prevent fouling of lines, sails and sheets
  - (b) attach tell tales
  - (c) prevent sails being damaged or falling overboard

- (d) mark control settings
  - (e) make minor repairs and permitted adjustments
  - (f) make signals as per Appendix C6
- 3.3 Fixing a spinnaker sheet catcher at the bow, providing that it does not extend the length of the boat more than 100 mm and does not require any repair after removal.
- 3.4 Changing the number of mainsheet purchases.

#### **4 MANDATORY ITEMS and ACTIONS**

- The following are mandatory.
- 4.1 The completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. Reports shall include any evidence of matters which could cause damage or disadvantage to the boat in future matches.
- 4.2 At the end of each sailing day:
- (a) folding, bagging and placement of the sails as directed
  - (b) leaving the boat in the same state of cleanliness as when first boarded that day
  - (c) releasing backstay tension
- 4.3 At the end of the final day for a particular boat, cleaning the boat (cabin and decks), removing all trash and removing all tape and marks.
- 4.4 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.
- 4.5 Complying with any regulations, including speed restrictions and navigation marks, while leaving or returning to the berth or mooring.
- 4.6 Reserved
- 4.7 A breach of items 4.2 and 4.3 will be considered as damage and the cost of rectification will be deducted from the damage deposit.

## **SI APPENDIX D - EQUIPMENT LIST**

- 1** The following non-fixed items, provided by the OA, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the daily damage report.

### **SAILS and SAILING EQUIPMENT**

Mainsail and set of battens

Headsail

Spinnaker

One spinnaker pole

Two spinnaker sheets

Two headsail sheets

Tiller extension

### **SAFETY GEAR**

Life jackets for each crew member

Bucket and lanyard

Bilge pump

### **GROUND TACKLE**

Anchor and chain

Anchor line