



LARCHMONT YACHT CLUB

Ladies' Invitational Regatta

for the

Commodore Mendez Trophy

Saturday, September 14, 2019

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the *rules* as defined in *The Racing Rules of Sailing*.
- 1.2 Spinnakers shall not be used.
- 1.3 Appendix V, Alternative Penalties will apply.
- 1.4 Each boat shall carry a VHF radio. All communication will be on VHF channel 69

2 NOTICES AND CHANGES TO THE SAILING INSTRUCTIONS

- 2.1 Notices to competitors will be posted on the official notice board located on the veranda of the clubhouse.
- 2.2 Any changes to the sailing instructions will be posted not later than 0930 on Saturday, September 14.

3 SIGNALS MADE ASHORE

- 3.1 Signals made ashore will be displayed from the flagpole located on the front lawn.
- 3.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 45 minutes" in Race Signal AP.

4 SCHEDULE OF EVENTS

Saturday, September 14

0930	Competitor Check-in and boat assignment on the veranda
1000	Competitors' meeting on the veranda
1030	Harbor Start
1115	First Warning

After racing Reception and awards ceremony on the front lawn

5 RACING AREA

The racing area will be in the waters off Larchmont Harbor as described at the skippers' meeting

6 COURSES AND MARKS

- 6.1 Courses will be windward-leeward with the leeward mark to leeward of the starting line.
- 6.2 The signal vessel will display a course number on the course board no later than the warning signal.

Course:	Description:
2	Start - windward mark - finishing to leeward leaving the race committee boat to port.
3	Start – windward mark - leeward mark - finishing to windward leaving the race committee boat to starboard
4	Start – windward mark - leeward mark - windward mark - finishing to leeward leaving the race committee boat to port.
5	Start – windward mark - leeward mark - windward mark - leeward mark - finishing to windward leaving the race committee boat to starboard
- 6.3 Course lengths are at the discretion of the race committee.
- 6.4 Rounding marks will be yellow or orange ball buoys and shall be rounded to port.

7 THE START AND FINISH

- 7.1 Races will be started in accordance with Appendix U – Audible Signal Racing System
- 7.2 The starting and finishing line will be between a staff displaying an orange flag on the committee boat and a staff

displaying an orange flag on the opposite end.

- 7.3 The starting and finishing line is “open” and may be disregarded except when maneuvering to start, and when finishing.

8 RECALLS

- 8.1 The race committee will attempt to broadcast recalled boats by hailing the sail number over the VHF channel.
- 8.2 Failure of a boat to hear her recall notification, and the order and timing of such hail, shall not be grounds for redress.
- 8.3 If Flag I is displayed prior to the starting sequence of the race, rule 30.1, the I Flag Rule, will be in effect for that start. This changes Race Signals.

9 TIME LIMIT

The time limit for the first boat to sail the course and finish will be 1 hour. Boats failing to finish within 15 minutes after the first boat will be scored “Time Limit Expired” (TLE). This changes rule 35.

10 WITHDRAWAL

A boat that withdraws from a race, or that does not intend to start a scheduled race, shall notify the race committee at the first opportunity.

11 PROTESTS

- 11.1 A boat intending to protest shall notify the race committee promptly after finishing that race.
- 11.2 (a) Protest forms are available at the front desk.
- (b) Written protests shall be delivered to the protest committee desk located at the top of the main staircase of the clubhouse no later than 30 minutes after the race committee comes ashore.
- (c) The time limit for filing written protests and a list of protests filed at the protest desk will be posted promptly.
- (d) Hearings will begin as soon as practicable after written protests are filed. Witnesses must be available when called. If they do not appear when called, they may not be heard.

12 SCORING

- 12.1 The race committee intends to run multiple races. The number of races conducted is at the sole discretion of the race committee.
- 12.2 If fewer than five races are completed, a boat’s series score will be the total of her race scores. If five or more races are completed, a boat’s series score will be the total of her race scores excluding her worst score.
- 12.3 One race constitutes a series.
- 12.4 TLE, Time Limit expired, will be scored as the number of finishers plus two points but not worse than DNF.

13 PRIZES

Prizes will be awarded as follows:

First place if at least three entries. Second place if at least four entries. Third place for five or more entries.

14 DISCLAIMER OF LIABILITY

Competitors are reminded of the Disclaimer of Liability to which they agreed on the Entry Form.

15 FURTHER INFORMATION

For further information please contact Larchmont Yacht Club, 1 Woodbine Ave., Larchmont, NY 10538. Telephone 914-834-2440. Email: Sailingdirector@larchmontyc.org Website: www.larchmontyc.org.

John May – Regatta Committee Chairman
Paul T. Lennon – Event Principal Race Officer
Mary Savage – Protest Committee Chairman
Pam Washington – Event Chair