



YACHT RACING ASSOCIATION OF LONG ISLAND SOUND

2022 Mid-Sound One Design

SAILING INSTRUCTIONS (SIs)

[NP] The notation '[NP]' in a *rule* means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

[DP] The notation '[DP]' in a *rule* means that the penalty for a breach of the *rule* may, at the discretion of the protest committee, be less than disqualification.

1 RULES

- 1.1 The Mid-Sound One-Design series will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 1.2 Appendix V ALTERNATIVE PENALTIES will apply.

2 CHANGES TO THE SAILING INSTRUCTIONS

Any changes to the sailing instructions will be posted no later 1800 on the day before they take effect on the YRA website and on the YRA Mid Sound Google Group page. Oral changes may be made on the water via VHF radio and acknowledged by each participant.

3 COMMUNICATION

- 3.1 Notices to competitors will be posted to the google group page <https://groups.google.com/g/yra-mid-sound-one-design> and may be posted on the notice board of the host club.
- 3.1 Each boat shall carry a VHF radio capable of communicating on VHF 78A
- 3.2 On the water, the race committee will make courtesy broadcasts to competitors on VHF radio.
- 3.3 [DP] While racing, From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the host club flagpole and posted to the google group page.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 1 hour" in Race Signal AP.

5 SCHEDULE OF EVENTS

- 5.1 Two or more races may be held each day depending on conditions. First Warning signal is 1425. (Special Events may have different times posted in their Notice of Race.)

5.2 Series and Special Events will be held on the following dates:

Date	Event/Race Committee	Date	Event/Race Committee
28 & 29 May	*Memorial Day (LYC)	6 & 7 Aug	YRA Championships (AYC)
4 - June	S Class	13-Aug	Shields
11-June	Larchmont YC	20-Aug	~ No racing ~
18-June	Shields	27-Aug	Vipers
25-June	Vipers	3-Sep	**Larchmont YC - Distance Race
2-July	Independence Day (AYC)	10-Sep	~ No racing ~
9 - July	~ No racing ~	17 - Sep	~ No racing ~
16 & 17 - July	*Larchmont Race Week	24-Sep	Internationals
23 & 24 July	*Larchmont Race Week	1- Oct	Larchmont YC
30 - July	~ No racing ~		

*Special Events: a separate Notice of Race and Entry for the Independence Regatta, Race Week and YRA Champs are required for these events along with Amendments to the Sailing Instructions.

** Special Amendment to the Sailing Instructions for the Distance Race will be issued.

6 CLASS FLAGS

Class flags will be numeral pennants. Class insignias may be substituted.



1) Viper 640



2) Etchells



3) IOD



4) Shields



5) S Class



6) Other

7 RACING AREA

The starting area will be in the vicinity mid-way between Larchmont and American Yacht Clubs

8 COURSES

- 8.1 Courses will be windward-leeward or triangle, windward leeward.
- 8.2 The signal vessel will display the course number, approximate compass bearing and the distance on the course board no later than the warning signal.
- 8.3 The race committee may elect to give some classes a substantially shorter windward leg than is posted for the other classes. If it does so, it will announce its intentions on VHF channel 78A and will post the number "0" on the signal board next to that Class signifying a shorter windward leg for those classes.

SAMPLE COURSE BOARD (showing a course of 210 degrees, 1.0 nm to the windward mark and course 40 for Div. 1-4 and course -4 for Div. 5-6 the race:

Bearing	Range	Division	Course
210	1.	1-4	4 0
	0	5-6	- 4

If the course is the same for the succeeding class or classes, their course will be left blank.

- 8.4 Course will be designated as follows:
 - 2 – windward,(offset), finish to leeward
 - 3 - windward,(offset), leeward mark **or gate**, finish to windward
 - 4 - windward, (offset), leeward mark **or gate**, windward, finish to leeward
 - 5 - windward, (offset), leeward mark **or gate**, windward, leeward mark **or gate**, finish to windward
 - 6 -triangle, windward, finish to leeward.

The course number followed by 0 indicates a windward offset mark. ie 40 signals course 4 with an offset mark.

All marks shall be left to port, except if a leeward gate is set.
- 8.5 Course lengths are at the discretion of the race committee.

9 MARKS

- 9.1 Original rounding marks will be orange tetrahedrons
- 9.2 New marks, as provided in SI # 12, will be yellow tetrahedrons
- 9.3 If the race committee elects to give one or more classes a shorter windward leg, it will signal it with a “-“ (minus) before the course number. The windward mark will be a white inflatable for those classes. This will not be a mark of the course for the other classes. A new mark, as per instruction 10, Changing the next leg of the course, will be a white mark with a black band.
- 9.4 The offset mark, if used, will be a round orange inflatable

10 THE START

- 10.1 The starting line will be between a staff displaying an orange flag on the signal vessel and a staff displaying an orange flag on the port end.
- 10.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 10.3 If any part of a boat’s hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number via the official vhf channel. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).
- 10.4 A boat that does not start within 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 10.5 Any re-commencement of the starting sequence will be preceded by repetitive sounds and an announcement on Ch 78A approx. 1 minute prior to the warning signal. Boats are reminded to stay within range of the starting area
- 10.6 If there is only one boat in a class, that boat will be recorded for its participation, but not given an individual start. However, the race committee may allow that boat to start with another class, if approved by that class and the race committee. If so, an announcement will be made prior to the attention signal. If two or more classes have fewer than three boats participating on a day, the race committee may, with the approval of the classes, combine their starts – but may not for the first race of the day. If so, an announcement will be made prior to the attention signal. Classes will be scored separately.

11 CHANGE THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When a subsequent new mark is replaced, it will be the replaced by an original mark.

12 THE FINISH

- 12.1 The finish line will be between a staff displaying a blue flag on the signal vessel and the course side of a blue flagged buoy on the opposite end.

- 12.2 For a windward finish the finish line will be between the windward mark and yellow flag on the race committee vessel to starboard.
- 12.3 The race committee may assign a finish position to any unfinished boats, provided that the appropriate finish place for those boats can be determined in a reasonable manner.
- 12.4 Flag A displayed with no sound while boats are finishing means “No more racing today”.

13 TIME LIMITS

- 13.1 The time limit for the first boat in each division to start, sail the course and finish is 2 ½ hours.
- 13.2 Boats failing to finish within 30 minutes after the first boat in that division has started, sailed the course and finished will be scored “TLE”. This changes rule 35.

14 HEARING REQUESTS

- 14.1 For all races days, other than special events, written protests and requests for redress shall be emailed to the YRA office at office@yralis.org, no later than the 1st business day following the race. These hearings will be heard on the following Thurs at a time and place that all parties agree
- 14.2 Rule 61.1(a) is changed, add: Immediately after finishing, a protesting boat shall notify the race committee of her intent to lodge a protest and the identity of the boat she intends to protest.

15 SCORING

- 15.1 For daily scores, the low point scoring system of Appendix A will apply with multiple races scheduled A boats daily score will be the total of her race scores without exclusion.
- 15.2 Boats scored “TLE” will receive 2 points more than the number of finishers in that race but will not be scored worse than DNF.
- 15.4 For season scoring, fleets may use the Cox-Sprague scoring system as shown in the One Design Championship Rules section of the YRA Year Book; however, each fleet may choose any scoring system.
- 15.5 All scores shall be submitted to the YRA Office following the completion of racing. Scores can be emailed to scores@yralis.org and cparthemos@gmail.com

16 SAFETY REGULATIONS

- 16.1 Prior to the warning signal of her first race each day, a boat shall sail past the stern of the race signal vessel, hail her sail number and be acknowledged by the race committee.
- 16.2 [DP] A boat that retires from a race or does not intend to compete in a race after checking in shall notify the race committee as soon as possible.
- 16.3 [DP] All boats and support vessels shall comply with RRS 37 when flag V (white rectangle with red X) is displayed with 1 sound.
- 16.4 All boats are reminded of the Preamble to Part 2 When Boats Meet regarding boats sailing under these rules and a vessel that is not, she shall comply with the International Regulations for Preventing Collisions at Sea (IRPCAS).

17 SUPPORT BOATS

- 17.1 Instructors, coaches, spectators and other support boats shall stay outside areas where boats are racing from the time of warning signal for the first class to start until all boats have finished or retired or the race committee signals postponement or abandonment. Coaching is not permitted after a general recall. All support boats shall stay at least 100 yards away from any racing boat and from the starting and finishing area and shall move slowly and with minimal wake
- 17.2 Coaches and support personnel are required to monitor the race committee VHF channel and follow any safety instructions issued by the race committee. The VHF channel will be 78a

18 TRASH DISPOSAL

Trash may be placed aboard official or support person vessels.

19 PRIZES

- 19.1 YRA of LIS Season prizes will be awarded on Dec 4th at the YRALIS Annual Meeting to each qualifying helmsman placing first in a recognized YRA Fleet as per the YRA One Design Championship Rules.
- 19.2 This series is a qualifier for the Cow Bay Perpetual Trophy and the Russell J. Nall Memorial Trophy Prizes and other series prizes as defined in the YRA of LIS Racing Program.

23 RISK STATEMENT

Competitors are reminded of the Risk Statement to which they agreed in the Notice of Race

Further Information

For further information, please contact: **YRA of LIS One Design Committee**
Mid Sound Rep - Cynthia Parthemos – president@yralis.org

AYC Race Committee

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LYC Race Committee

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International One Design

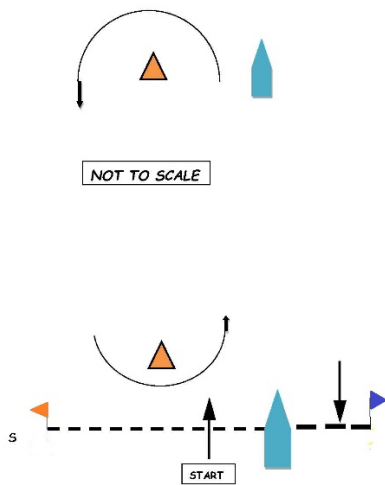
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Herreshoff S-Class

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COURSE DIAGRAMS – the leeward mark may or may not be a gate (Schematic – not to scale)

WINDWARD-LEEWARD COURSE DIAGRAM



Triangle - Windward - Leeward

