



# 2023 Robie Pierce Women's Invitational Regatta

## Thursday, June 1, 2023

Larchmont Yacht Club & American Yacht Club  
Organizing Authority (OA)

### SAILING INSTRUCTIONS (SIs)

[DP] The notation '[DP]' in a *rule* means that the penalty for a breach of the *rule* may, at the discretion of the protest committee, be less than disqualification.

#### 1 RULES

- 1.1 This regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS) and the Ideal 18 Class Rules, except as they are altered by the sailing instructions.
- 1.2 RRS Appendix T, Arbitration, as modified in the sailing instructions will apply.
- 1.3 Penalties At The Time of An Incident - The Scoring Penalty, RRS 44.3, will apply.
- 1.4 PERSONAL FLOTATION DEVICES, RRS 401.1 will apply.

#### 2 CHANGES TO THE SAILING INSTRUCTIONS

- 2.1 Any changes to the sailing instructions will be posted no later than 0945, Thursday, June 1, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 2.2 Oral changes may be made on the water via VHF radio and acknowledged by each participant.

#### 3 COMMUNICATION

- 3.1 Notices to competitors will be posted on the official notice board located on the veranda of the main clubhouse.
- 3.2 Each boat shall carry a VHF radio capable of communicating on VHF 73.
- 3.3 On the water, the race committee will make courtesy broadcasts to competitors on the VHF radio.
- 3.4 [DP] While racing, from the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

#### 4 BOATS

- 4.1 Boats will be provided for all competitors, who shall not modify them in any way except as follows:
  - a) A compass may be tied or taped to the hull or spars.
  - b) Wind indicators, including yarn or thread, may be tied or taped anywhere on the boat.
  - c) Adhesive tape may be used anywhere above the water line.
  - d) The race committee will consider requests to further modify the boats and equipment that are adaptive aids specific to a competitor. Requests are to be submitted in advance and in writing.
  - e) Jib leads on the clew may be adjusted
- 4.2 All equipment provided with the boats for sailing purposes shall be carried while afloat.
- 4.3 Neither the able-bodied sailor (AB) nor the crew may sit forward of the mast during a race.
- 4.4 All competitors shall report any damage or loss of equipment, however slight, to the race committee immediately after finishing the race. The penalty for a breach of this instruction, unless the jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

#### 5 BOATS, CREW AND AB ASSIGNMENTS

- 5.1 Boat assignments for the regatta will be made by the organizing authority before the Competitors' Meeting on Thursday, June 1. Teams will sail the same boat throughout the regatta unless there is a breakdown and written approval to substitute another boat is received from the race committee.
- 5.2 The organizing authority (OA) will endeavor to pair sailors who register for the regatta without a crewmate. If the OA is unable to do so, it may substitute an able-bodied sailor for the second disabled sailor. A 20% scoring penalty will be added to any boat sailing with 2 able bodied crew.
- 5.3 All AB assignments for boats not providing their own AB will be made by the organizing committee.
- 5.4 It is the sole responsibility of the skipper of each boat to ensure that the AB assigned to her boat by the OA is the AB that actually sails with the boat. Any boat that sails with an AB other than the one assigned or pre-registered shall be disqualified from those races sailed with the unassigned AB. Appendix A contains additional instructions and restrictions that apply to ABs.

5.5 The penalty for a breach of sailing instruction 5.1 or 5.4 will be disqualification from all races sailed in contravention of the instruction.

## **6 SIGNALS MADE ASHORE**

6.1 Signals made ashore will be displayed from the flagpole located on the front lawn.

6.2 When flag AP is displayed ashore, “1 minute” is replaced with “not less than 60 minutes” in Race Signal AP.

## **7 SCHEDULE OF EVENTS**

All regatta events will take place at the Larchmont YC

Thursday, June 1	0800 – 0900	Registration and Continental Breakfast – Veranda
	0915	Competitors’ Meeting – Veranda
	1000 – 1100	Practice sailing
	1100	First Warning
	1630	Awards ceremony – snacks, beer and cash bar – Veranda

## **8 CLASS FLAGS**

The class flag is a square pink flag.

## **9 RACING AREA**

The racing area will be in the waters off Larchmont Harbor.

## **9 COURSES AND MARKS**

9.1 Courses will be windward-leeward with the leeward mark to weather of the starting line.

Course 3 – Start-windward-offset-leeward -finish to windward.

Course 4 – Start –windward-offset-leeward-windward-offset-finish to leeward

9.2 All marks shall be rounded to port.

9.3 The signal vessel will display a course number on the course board no later than the warning signal.

9.4 Course lengths are at the discretion of the race committee.

## **10 MARKS**

10.1 Original rounding marks will be orange tetrahedrons. The offset mark will be an orange hippity hop.

10.2 New marks, as provided in SI # 12, will be a yellow tetrahedron.

## **11 THE START**

11.1 Races will be started in accordance with RRS 26.

11.2 The start and finish line will be between a staff displaying an orange flag on the signal vessel and a staff displaying an orange flag on the port end. This changes Race Signals.

11.3 If any part of a boat’s hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number via the official VHF channel. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).

11.4 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

## **12 CHANGE THE NEXT LEG OF THE COURSE**

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When a subsequent new mark is replaced, it will be the replaced by an original mark.

## **13 TIME LIMITS**

13.1 The time limit for the first boat to start, sail the course and finish is 60 minutes.

13.2 Boats failing to finish within 20 minutes after the first boat in that division has started, sailed the course and finished will be scored “TLE”. This changes rule 35.

## **14 HEARING REQUESTS**

14.1 The protest time limit is 60 minutes after the RC finish vessel personnel come ashore. The protest time limit will be posted on the official notice board.

14.2 Rule 61.1(a) is changed, add: Immediately after finishing, a protesting boat shall notify the race committee of her intent to lodge a protest and the identity of the boat she intends to protest.

- 14.3 Written hearing requests such as protests and requests for redress may be filed in person and delivered to the protest committee desk located at the top of the main staircase of the clubhouse. All such requests shall be delivered within the appropriate time limit. Protest forms are available at the front desk.
- 14.4 Notice of hearings will be posted on the official notice board as soon as possible after the protest time limit has expired.
- 14.5 Notices of protests by the race committee or protest committee will be posted on the official notice board to inform boats under RRS 61.1(b).

## **15 SCORING**

- 15.1 One completed race will constitute a series.
- 15.2 If fewer than 5 races are completed, a boat's series score will be the total of her race scores without exclusion. If 5 or more races are completed, a boat's series score will be the total of her race scores excluding her worst score.
- 15.3 Boats scored "TLE" will receive 2 points more than the number of finishers in that race but will not be scored worse than DNF.
- 15.4 Boats sailing with 2 able-bodied crew will receive a 20% penalty as per sailing instruction 5.2.

## **16 SAFETY REGULATIONS**

- 16.1 Prior to the warning signal of her first race each day, a boat shall sail past the stern of the race signal vessel, hail her sail number and be acknowledged by the race committee.
- 16.2 [DP] A boat that retires from a race or does not intend to compete in a race after checking in shall notify the race committee as soon as possible.
- 16.3 [DP] All boats and support vessels shall comply with RRS 37 when flag V (white rectangle with red X) is displayed with 1 sound.

## **17 BREAKDOWNS/INJURIES**

- 17.1 A boat disabled by a breakdown that is no fault of its team may seek redress from the jury. Every effort must be made to finish the race, provided that continuing to race will not cause further damage to the boat or danger to its crew.
- 17.2 Any team requesting redress because of a breakdown shall notify the signal vessel on VHF Channel 73 at the first reasonable opportunity.
- 17.3 Redress will not be granted if, in the opinion of the jury, the breakdown resulted from carelessness, poor seamanship or incompetence.
- 17.4 Breakdowns and/or injuries should be reported to the race committee as soon as possible.

## **18 SAIL CONFIGURATIONS**

- 18.1 Races will be conducted using one of two sail configurations as indicated from the signal boat as follows prior to the warning signal:
- 18.2 No signal: full main and full jib
- 18.3 Signal flag Romeo: reefed mainsail and full jib

## **19 EMERGENCY PROVISIONS**

In the event of an emergency that prevents a helmsman or crew member from sailing in a race, an alternate may be approved or provided by the OA.

## **20 SUPPORT BOATS**

- 20.1 Instructors, coaches, spectators and other support boats shall stay outside areas where boats are racing from the time of the warning signal until all boats have finished or retired or the race committee signals postponement or abandonment. Coaching is not permitted after a general recall. All support boats shall stay at least 100 yards away from any racing boat and from the starting and finishing area and shall move slowly and with minimal wake
- 20.2 Coaches and support personnel are required to monitor the race committee VHF channel and follow any safety instructions issued by the race committee. The VHF channel will be 73.

## **21 TRASH DISPOSAL**

Trash may be placed aboard official or support vessels.

## **22 PRIZES**

- 22.1 Prizes will be awarded on the Veranda to first, second and third place boats following the completion of racing on Thursday, June 1.
- 22.2 Additional prizes may be awarded at the discretion of the OA.

## **23 RISK STATEMENT**

By registering for this event, the person-in-charge of each boat agrees with the following:

- 1) My crew and I recognize that sailing is an activity that has an inherent risk of damage and injury, sickness and disease (including communicable diseases such as Covid-19) associated with it. We have read RRS 3, Decision to Race, and hereby acknowledge and agree that we are participating in this event entirely at our own risk.
- 2) I acknowledge and agree that neither the organizing authority, host club nor the race committee, nor their members will be responsible for: a) any damage to the entered boat or my other property, or b) any injury, sickness or disease (including communicable diseases such as Covid-19) to my crew or me, including death, sustained as a result of our participation in this event.
- 3) I hereby waive any rights I may have to sue the race organizers (organizing authority, host club, race committee, protest committee, sponsors or any other organization or official) with respect to personal injury, sickness or disease (including communicable diseases such as Covid-19) or property damage suffered by my crew or me as a result of our participation in this event, whether on the water or on shore, and hereby release the race organizers from any liability for such injury, sickness or disease (including communicable diseases such as Covid-19) or damage to the fullest extent permitted by law.
- 4) I have taken all necessary steps to ensure that my crew and I and my entered boat are adequately prepared for all possible contingencies, including carrying and using appropriate safety equipment as may be required by law, racing rules and that a prudent seaman would consider advisable.

**I agree to be bound by all rules that govern this event.**

**I will inform all crewmembers of the conditions stated herein for their participation in such racing**

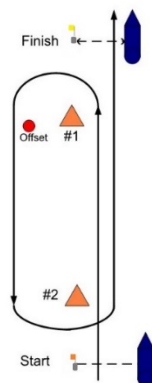
### FURTHER INFORMATION

For further information please contact the Larchmont Yacht Club, One Woodbine Avenue, Larchmont, NY 10538  
 Telephone: 914-834-2440. Email: [racecommittee@larchmontyc.org](mailto:racecommittee@larchmontyc.org) Website: [www.larchmontyc.org](http://www.larchmontyc.org).

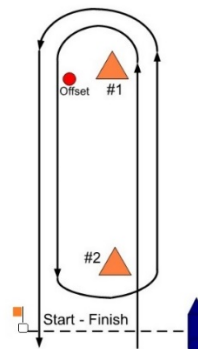
Mark S. Dailey and Cynthia A. Parthemos – Regatta Committee Co-Chairmen  
 Cynthia A. Parthemos - Principal Race Officer  
 Edward Padin, Siobhan Reilly and Bill Sandberg – Event Chairmen  
 Collamore Crocker– Protest Committee Chairman

### COURSE DIAGRAMS

Schematic – not to scale



Course 3



Course 4

# 2023 Robie Pierce Women's Invitational

## Sailing Instructions Appendix A

- 1 All sailors with disabilities must use adaptive seats while racing except boats helmed by a blind person.
- 2 Use of Personal Flotation. All competitors shall wear a U.S. Coast Guard (USCG) approved personal flotation device (PFD) while on the water, other than for brief periods while adding or removing clothing. Competitors from outside the U.S. may wear a PFD approved by their nations' certification authority to the extent permitted by international treaty.
- 3 An able-bodied crew (AB) will be on board each boat during all racing.
- 3.1 All ABs will be assigned to boats in accordance with sailing instruction 5.
  - a) The primary duty of the AB is the safety of the other team members and of the boat.
  - b) It is the intent of the Robie Pierce Women's Invitational Committee that the disabled team members shall perform all possible activities on board the boat, with only the most limited assistance possible from the AB while racing. In general, the AB is permitted to do for a contestant only that which she would be capable of doing for herself were it not for the disability that qualified her for this regatta.
  - c) The AB may perform the following activities while racing as long as such activities conform to the spirit and intention of sailing instruction Appendix A 3.1.b:
    - i. Steer the Ideal 18 for brief periods of time, but only to regain control of an out-of-control boat, or to avoid an imminent collision where injury or damage is likely to occur.
    - ii. Cleat or uncleat any Ideal 18 running rigging at any time, but only at the direct request and under the direct supervision of one of the disabled team members.
    - iii. Trim either the main sheet or the jib sheet, but not both, as the Ideal 18 rounds the leeward mark, or during the pre-start as a boat assumes her proper course to start, but only at the direct request and under the direct supervision of one of the disabled team members.
    - iv. Release the main sheet as the Ideal 18 prepares to round the windward mark, but only at the direct request and under the direct supervision of one of the disabled team members.
    - v. The AB may help the helmsperson with concentration as it applies to sailing too low or too high.
    - vi. Hold out the jib wing-on-wing on downwind legs only on the side opposite from the forward crewperson unless that person's disability prevents winging the jib on that side.
    - vii. AB for a blind crew will act as "sighted guide" and may call tactics and provide sail trim directions as appropriate.
  - d) The AB may sit on the windward rail of the boat at any time and may hike out. In the case of a blind team, the AB may sit on the rail only when the other crew members are sitting inside the boat on opposite sides.
  - e) It is the Ideal 18 skipper's responsibility to ensure that the crew and AB are acting in accordance with all provisions of the notice of race and sailing instructions, and any other rules governing the regatta.
- 4 The number of partners in the mainsheet of the Ideal 18s may be reduced from three to two if sailing under full main and jib at the discretion of the competitor.

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