



# LARCHMONT YACHT CLUB

## 2024 Interclub Dinghy National Championship

Friday, April 12 to Sunday, April 14, 2024

### SAILING INSTRUCTIONS

#### 1 RULES

- 1.1 The event will be governed by the rules as defined in The Racing Rules of Sailing and The Technical Regulations of the Interclub Dinghy as revised on January 1, 2021.
- 1.2 Technical Regulation 2.3.1 Hull Weigh, is revised as adopted in April 2018 to - Boats fully equipped for racing (i.e. with centerboard, rudder, boom, mast, lines and all fixed fittings) shall weigh at least 240 lb. This weight excludes sail, paddle, anchor, tools, and other personal effects.
- 1.3 Appendix V1, Penalty at the time of an Incident, will apply on both windward and leeward courses. On a no-gybe course, Rule 44.3, Scoring Penalty, will apply with the following modifications:
- 1.4 Electronic compasses and video cameras are permitted. Use of all other electronic equipment, including GPS-enabled electronic devices, VHF radios, and cell phones, is prohibited while racing. Photographic evidence is not permitted for protest hearings.
- 1.5 All boats must exhibit their proper sail numbers. Sail numbers must also be displayed in contrasting colors on the bow no less than 10" in height and within 8" of the stem. Each boat shall have a 20' painter of floating line suitably secured for recovery and towing.
- 1.6 Boats shall be sailed with 2 people whose minimum combined crew weight shall be 315 pounds.
  - (i) Should live crew weight fail to make this minimum, non-movable ballast may be carried to make up the difference. A maximum of 15 lb. of negative buoyancy ballast may be carried. Any additional weight must be neutral or positive buoyancy. Crews shall be weighed dressed for racing, which includes wearing life jackets. Weight jackets are not permitted
  - (ii) In the event that a boat is overweight, the excess weight of the boat (over 240 pounds), up to a maximum of 15 pounds, may be deducted from the minimum crew weight. In order to take advantage of this rule, boats and crew must be approved by and may be weighed by, the Winter Sailing Committee before 1000 Saturday, April 13.
- 1.7 Rule 40 PERSONAL FLOTATION DEVICES will apply at all times while afloat. PFD's shall be non-inflatable, USCG- or CE-approved.

#### 2 NOTICES TO COMPETITORS AND CHANGES TO THE SAILING INSTRUCTIONS

- 2.1 Notices will be posted on the official notice board located on the veranda.
- 2.2 Any changes to the sailing instructions will be posted before 1000 on the day they take effect.
- 2.3 Oral changes may be made on the water via a loudhailer and acknowledged by each participant.

#### 3 SIGNALS MADE ASHORE

All signals made ashore will be via loudhailer. No flags will be displayed.

#### 4 SCHEDULE OF EVENTS:

Friday, April 12

1600 - 2000 Check-in - Boat weigh-in and sail measurement/skipper & crew weigh-in  
- Pandemonium Patio

Saturday, April 13

0800 - 1000 Check-in - Boat weigh-in and sail measurement/skipper & crew weigh-in  
- Pandemonium Patio

1030 Competitors' meeting

1100 Harbor Start

Prior to racing each day, boats are required to check in with the RC on the water.

1130 First Warning

1800 Lasagna Dinner/Keg/Chit Bar and IC Class meeting in Club Room

Sunday, April 14

1000 Harbor Start

1030 First Warning

Prior to racing each day, boats are required to check in with the RC on the water.

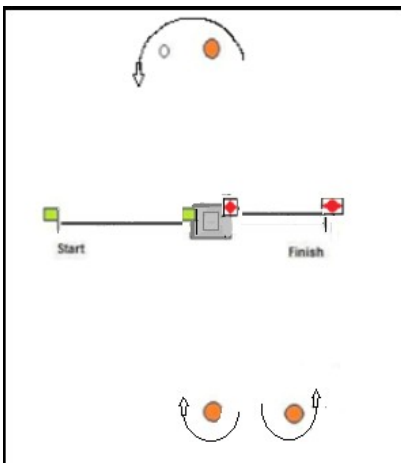
1500 No warning signal after this time

Award ceremony after the completion of racing with refreshments.

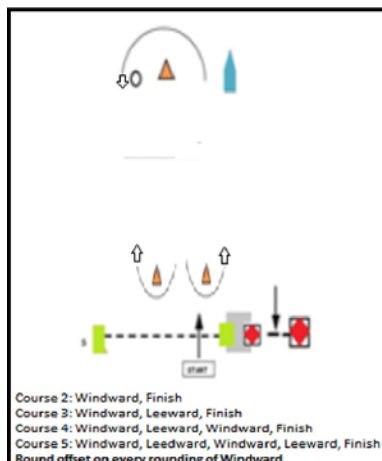
## 5 MARKS AND COURSES

- 5.1 Courses will be windward-leeward with gates to leeward of the finish (“Windward A”) or windward-leeward with the gates to weather of the finish line with two, three, four, or five legs (Windward B”). See descriptions and course diagrams in SI 5.4.
- 5.2 Before each race the race committee will announce: the type of course, the colors of the marks, if the course is Windward-Leeward B, the number of legs and (if changed from the prior race) whether gates or an offset are used, as described below.
- 5.3 The race committee may set two sets of weather and leeward marks on different bearings from the committee boat in course Windward-Leeward A or Windward-Leeward B. Each set of marks will be orange or yellow and be accompanied by its own white windward offset mark. Prior to the warning signal, the race committee will announce the colors of the marks to be used for that race by a loud hailer and by displaying the colored flags, in descending order, of the marks to be used. If only one flag is flown, only the marks of that color will be used.
- 5.4 Description of each course (See also course diagrams below.):  
**Windward-Leeward Course A:** This is a three-mark course: windward with an offset mark (leave both to port), leeward gate, and finish to windward. Prior to the start, the race committee may announce that there will be no offset mark and/or a leeward mark instead of a gate. If there is a leeward mark instead of a gate, that mark shall be rounded to port.  
**Windward-Leeward Course B:** A two-, three-, four- or five-legged course. Leave all weather marks and offsets to port. The offset must be observed each time the weather mark is rounded. Prior to the start, the race committee may announce that there will be no offset mark and/or a leeward mark instead of a gate. If there is a leeward mark instead of a gate, that mark shall be rounded to port.
- 5.5 Description of each course (See also course diagrams below. schematics not to scale):

### W/L COURSE A



### W/L COURSE B



- 5.6 On Windward-Leeward B courses 4 or 5, the race committee may change the next windward mark by signaling from the signal boat showing the race signals: “Code Flag C” and “to starboard” or “to port” with

repeated horn blasts. The color of the new mark will be the opposite of the original weather mark (see SI 6.2), and a flag of the new mark's color will fly on the signal boat.

## 6 START AND FINISH

- 6.1 The starting line will be between a staff flying a day-glo green flag on the committee boat and a staff displaying a day-glo green flag on the port end. The staff on the port end of the starting line may be displayed from a stationary pin boat. This changes Race Signals
- 6.2 The finish line will be between a staff flying flag Foxtrot (white with red diamond) on the committee boat and a staff displaying a flag Foxtrot on the starboard side of the committee boat, except in Windward-Leeward Course B with three or five legs, when the finish line will be between the course side of the weather mark and a staff flying flag Foxtrot from a committee boat anchored to starboard of the weather mark. This changes Race Signals.
- 6.3 The start and finish lines may be ignored except when starting and finishing, respectively.
- 6.4 A boat starting later than two minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes rules A4 and A5.
- 6.5 Prior to the attention signal the race committee may announce that the finish line will be the same as the starting line as described in 8.1.

## 7 STARTING PENALTIES

Once a general recall has been signaled, rule 30.1, the I Flag Rule, will be in effect for all other starts that day, but Flag I will not be displayed. This changes rule 30.1.

## 8 RACE SIGNALS

Races will be started in accordance with Appendix U3 as modified below:

| Signal      | Sound                                                                                                                          | Time to Start              |
|-------------|--------------------------------------------------------------------------------------------------------------------------------|----------------------------|
|             | Before the warning signal, there will be five long attention blasts followed by 5 seconds of silence, then the warning signal. |                            |
| Warning     | 2 long                                                                                                                         | 2 minutes                  |
| Preparatory | 1 long and 3 short                                                                                                             | 1 ½ minutes                |
|             | 1 long                                                                                                                         | 1 minute                   |
|             | 3 short                                                                                                                        | 30 seconds                 |
|             | 2 short                                                                                                                        | 20 seconds                 |
|             | 1 short                                                                                                                        | 10 seconds                 |
|             | 5 short, 1 sec apart                                                                                                           | At 5, 4, 3, 2 and 1 second |
| Start       | 1 long                                                                                                                         | 0                          |

## 9 RECALL, POSTPONEMENT AND ABANDONMENT SIGNALS

- 9.1 The race committee will endeavor to identify recalled boats by hailing their sail numbers with a loud hailer. Boats may be recalled by the committee at either or both ends of the starting line.
- 9.2 In addition to verbal instructions, postponement will be signaled by two horn blasts, with no signal before the next warning. Abandonment or General Recall of a race will be signaled by three horn blasts, with no signal before the next warning.

## 10 CAPSIZING

- 10.1 It is mandatory that boats in the vicinity of any overturned boat go to the rescue of her crew. Failure to comply may lead to disqualification from that race.
- 10.2 Boats going to the rescue of a capsized boat shall report their action to the race committee and will be given credit for that race for finishing in the position at the time of rescue or, if that cannot be determined, by taking their average for the day or other suitable redress as determined by the protest committee. This changes rule A5.

## 11 SCORING

- 11.1 One completed race will constitute a series.
- 11.2 The race committee intends to run multiple races.
- 11.3 The Low Point Scoring System of RRS Appendix A will apply, except that no score shall be excluded (no throw-out). This changes A2.

**12 PROTESTS**

- 12.1 A protesting boat shall comply with rule 61.1 and shall also report her intention to protest to the race committee at the conclusion of the race.
- 12.2 Protest hearings will be held 45 minutes after the race committee arrives at the dock. At the end of the protest time, hearings will begin even though all parties are not present.

**13 PRIZES**

- 13.1 Prizes will be awarded to the top five finishers following the completion of racing Sunday, April 14, 2024
- 13.2 Other prizes may be awarded.

**14 DISCLAIMER OF LIABILITY**

By registering for this event, the person in charge of each boat agrees with the following:

- 1) My crew and I recognize that sailing is an activity that has an inherent risk of damage and injury, sickness, and disease (including communicable diseases such as Covid-19) associated with it. We have read RRS 4, Decision to Race, and hereby acknowledge and agree that we are participating in this event entirely at our own risk.
- 2) I acknowledge and agree that neither the organizing authority, host club nor the race committee, nor their members will be responsible for a) any damage to the entered boat or my other property, or b) any injury, sickness, or disease (including communicable diseases such as Covid-19) to my crew or me, including death, sustained as a result of our participation in this event.
- 3) I hereby waive any rights I may have to sue the race organizers (organizing authority, host club, race committee, protest committee, sponsors, or any other organization or official) with respect to personal injury, sickness, or disease (including communicable diseases such as Covid-19) or property damage suffered by my crew or me as a result of our participation in this event, whether on the water or on-shore and hereby release the race organizers from any liability for such injury, sickness or disease (including communicable diseases such as Covid-19) or damage to the fullest extent permitted by law.
- 4) I have taken all necessary steps to ensure that my crew and I and my entered boat are adequately prepared for all possible contingencies, including carrying and using appropriate safety equipment maybe required by law, and racing rules, and that a prudent seaman would consider advisable.

I agree to be bound by all rules that govern this event.

I will inform all crew members of the conditions stated herein for their participation in such racing.

**15 FURTHER INFORMATION**

For further information please contact the Larchmont Yacht Club, One Woodbine Avenue, Larchmont, NY 10538. Telephone: 914-834-2440 or Fax: 914-468-7751. Website: [www.larchmontyc.org](http://www.larchmontyc.org).

Karen Oen Ronan – Winter Sailing Committee Chairman

Charles Ulmer – Protest Committee Chairmen