



# Larchmont Yacht Club



## ONE HUNDRED TWENTY-FIRST RACE WEEK NINETY-THIRD ANNUAL JUNIOR REGATTA Monday July 15, Tuesday July 16, and Wednesday July 17, 2019

### GENERAL INSTRUCTIONS FOR SAILORS, PARENTS, INSTRUCTORS, COACHES AND JUNIOR SAILING COMMITTEES

#### ENTERING

- 1. ENTRY** All sailors shall meet eligibility requirements as specified in the Notice of Race. All entries and payments shall be completed and received by LYC no later than 2359 Tuesday, July 9, 2019. Any changes in entry information shall be submitted no later than 1700 Friday, July 12, 2019. Exceptions are at the sole discretion of the race committee.
- 2. ENTRY METHODS.** Sailors from JSA member clubs shall enter and pay using the JSA Online Regatta Registration system at [www.jsalis.org](http://www.jsalis.org). Sailors from non-JSA clubs may enter by contacting [lycjuniorraceweek@gmail.com](mailto:lycjuniorraceweek@gmail.com). Any late entries or questions regarding entries, changes or underage/weight requests should be sent to [lycjuniorraceweek@gmail.com](mailto:lycjuniorraceweek@gmail.com).
- 3. ENTRY FEE** Eligible boats from non-JSA clubs and all questions regarding entries shall be emailed to [lycjuniorraceweek@gmail.com](mailto:lycjuniorraceweek@gmail.com). The entry fee is \$195.00 per sailor for entries received by **2359 Tuesday, July 9, 2019**. The fee for entries received after the deadline will be \$220.00. There is no fee for instructors/coaches, but they must register by 2359 Tuesday, July 9, 2019. Sailors and instructors/coaches receive box lunches, dinner on Monday night and the dinner and dance on Tuesday night, as well as hot dogs following racing on Wednesday. No refunds of the entry fee will be granted after Friday, July 12, 2019.
- 4. JSA 2019 WAIVER AGREEMENT.** Waivers shall be submitted electronically utilizing the JSA online waiver database at [www.jsalis.org](http://www.jsalis.org). Non-JSA entrants shall submit signed and completed waiver forms available at [lycjuniorraceweek@gmail.com](mailto:lycjuniorraceweek@gmail.com).
- 5. JSA UNDER AGE/WEIGHT PERMISSION FORM.** C420, Laser and Laser Radial sailors may request permission to sail even if under the minimum age or weight requirements as specified in the Notice of Race, provided that they are 13 years old on or before December 31, 2019. No permission requests will be considered for Feva sailors. All signed and completed **Under-Age and Under-Weight Permission Request Form** shall be entered in the JSA Online Regatta Registration system for skippers (Lasers and Laser Radials) or skippers and crew together (C420s) no later than 2359 Tuesday, July 9, 2019. If an Under-Age or Under-Weight Waiver Request is required and is not submitted by the deadline, the entry will not be accepted. Permission is granted at the sole discretion of the race committee; all decisions will be final. If the race committee does not grant permission, every attempt will be made to contact the sailor's club before 1700 on Thursday, July 11.
- 6. HOUSING REQUESTS.** Housing is available to those clubs listed in the Housing Information Letter, posted on the LYC webpage for Junior Race Week. Clubs shall submit their Housing Request Forms by **1800 Friday, July 5, 2019** using the JSA Online Regatta Registration system at [www.jsalis.org](http://www.jsalis.org). Any questions regarding housing should be directed to [LYCHousing@gmail.com](mailto:LYCHousing@gmail.com).

#### BOAT SAFETY AND GEAR

Each club, instructor/coach and skipper is responsible for the seaworthiness and integrity (including adequate flotation) of their boats and equipment; and for the competence of each participant, including helmsman and crew, to handle capsizing, man overboard recovery, squalls and severe weather. Each boat shall carry the safety equipment specified by the JSA and its class associations.

#### SAFETY BANDS FOR HEADCOUNT VERIFICATION

Each sailor shall pick up an RFID safety wristband at check-in.

Prior to leaving shore each day, each competitor shall scan the wristband at a kiosk located at the dock ramps. Sailors shall scan back in when returning to shore each day. It is the responsibility of all sailors to visibly confirm their sail number and name when checking in or out at the kiosk. The race committee may protest and penalize a boat for a breach of these safety regulations, see the Notice of Race.

Participating Clubs wishing to have their sailors and instructors access the race course directly from their home clubs shall make advance arrangements satisfactory to the LYC Junior Sailing Committee prior to 1700 Thursday, July 11, 2019. Failure to comply with such arrangements may result in a penalty, see the Notice of Race.

Safety wristbands will be collected from each competitor on the launch ramps at the conclusion of racing on Wednesday afternoon. Sailors who fail to return wristbands will be charged a \$20 penalty fee, charged through the interclub billing system.

**RACE COURSE SAFETY. In addition to normal safety practices:**

- a) All instructors/coaches shall make safety their number one priority and shall assist the Safety Patrol as directed.
- b) All sailors shall be accompanied by an instructor/coach at all times both on and off the water.
- c) All instructor/coach boats, including those accessing the course directly from their home clubs, at all times shall prominently display the numerical pennant distributed at Instructor/Coach Check-in. These pennants and staffs shall be returned to the Hospitality Desk at the conclusion of the regatta. Clubs will be charged \$25 for each instructor pennant and staff that is not returned.
- d) All instructor/coach boats shall monitor designated VHF channels for each race course (C420s ch. 69, Lasers & Laser Radials ch. 68, and Fevas ch. 78a), as will the safety patrol and race committee. Silence is to be maintained on these channels unless urgent communication with the race committee or safety patrol is necessary. Channel 72 shall be used only by the race committee, safety patrol and marine facilities.
- e) Any instructor/coach moving from one course to another shall change VHF frequency accordingly. Visiting club safety patrol boats may be assigned "stations" on a specific course and shall remain there. Instructors/coaches shall notify the safety patrol if they need to leave their assigned patrol area.
- f) Each club shall send a powerboat equipped with a VHF radio capable of sending and receiving channels 68, 69, 72 and 78a and a qualified operator suitable for racecourse safety patrol duty. Safety patrol assignments will be made at the instructor/coach meeting on Monday, July 15, 2019 meeting in the Pandemonium, following the skippers' meeting at 1015. Additional instructor/coach meetings will be held at 0930 on Tuesday and Wednesday by the main flagpole on the front lawn. Instructors/coaches shall check in daily with the safety patrol coordinator.

**CONDUCT**

Each sailor, and support person (includes parent or guardian) is responsible for conducting himself/herself in accordance with the Racing Rules of Sailing (especially note RRS 2, 3 and 69), and the JSA additions in the Rules for JSA Events, see Section 4, Misconduct.

Support persons are responsible for ensuring the proper conduct of their junior sailors, both ashore and afloat. At least one support person or adult supervisor from each club shall be available Monday and Tuesday evenings at Larchmont Yacht Club if any competitors from their club are attending the evening dinner and social events. All competitors being housed shall be in their host's home one-half hour after scheduled entertainment has ended.

**ALCOHOLIC BEVERAGES, ILLEGAL SUBSTANCES AND SMOKING**

No instructor/coach or competitor shall possess, consume or use alcoholic beverages or illegal substances at any time during this regatta, either on or off the water. Smoking is prohibited in any indoor or tented area of Larchmont Yacht Club.

**LAUNCHING BOATS, TRAILERS, DRY SAILING AND ANCHORING**

Boats may arrive after 1700 on Sunday, July 14; and 0800 Monday, July 15. Due to Senior Race Week traffic, Larchmont Yacht Club cannot accommodate boats before 1700 Sunday. Support persons or other adult representatives shall be in attendance for boats arriving from their club on both Sunday evening and Monday morning.

After launching, trailers shall be removed promptly from the launching area and moved from the hoist access road to the designated storage areas. Lasers and C420s shall be dry sailed; C420s shall bring their own dollies for storage and Lasers shall be stored on designated docks.

LYC anchoring instructions for support boats shall be observed. No guest moorings will be available. Instructors and participants shall assure their boats are anchored in designated mooring areas and that adequate ground tackle, with plenty of scope, is used. Support persons' and participants' boats may not tie up to the Larchmont Yacht Club main dock or gas dock at any time; these must be accessible to LYC launches and boats. NOTE: there will be no fuel available at LYC during 2019.

**PERSONAL GEAR**

The best daytime safekeeping for a sailor's personal gear will be aboard the sailor's club's powerboat. There will be no secure shore facilities for storing personal gear. All participants should clearly mark personal items and equipment.

**DEBIT CARDS**

No cash or interclub charges will be accepted from visiting junior sailors and support persons during the regatta. Debit cards in increments of \$20.00 may be purchased at check-in or at the front desk and will be accepted anywhere at the club.

For more information, please contact [lycjuniorraceweek@gmail.com](mailto:lycjuniorraceweek@gmail.com).  
Event Chairmen - Pier Witek and James Holland